



From the Board of Directors

Dear Members and Friends,

After a thoughtful and thorough search, the Board of Directors is delighted to announce that Avi Rose has been selected to serve as our Interim Executive Director. We're confident that Avi's experience and passion will be a wonderful asset to our community during this time.



Avi Rose is a seasoned social worker and nonprofit leader with deep experience in health and human services. Retired since 2020 after a successful fifteen-year tenure at Jewish Family & Community Services East Bay, Avi has since served as an interim leader for multiple organizations, including Ashby Village, and brings a strong understanding of the village movement from his time on the Village Movement California board. Avi is known for his collaborative leadership, strategic thinking, and dedication to empowering individuals and organizations. Recently, he has undergone training to become an end-of-life doula and is honored to serve in that role. To learn more about Avi, please visit www.sfvillage.org/about/#staff

We are deeply appreciative of Kate Hoepke, who served as the Executive Director of San Francisco Village for 13 years. Her dedication and vision has brought us where we are today: 700 members, 250 volunteers, and hundreds of donors, community partners, and supporters. We remain dedicated to our strategic plan and our values, continuing our mission to operationalize love for elders. While our leadership is changing, our vision of a future in which people of all ages, races, cultures, and abilities work together to create communities of belonging and in so doing, model possibilities for relationship and connection that benefit the greater good remains the same.

We look forward to introducing you to Avi and working together to continue building a vibrant and supportive San Francisco Village. Please join us for one of three Leadership Transition Meetings in April. Details on page 4. This will be an opportunity to acknowledge that this unexpected change has had a significant impact on all of us. We plan to listen deeply and lean into our intentional community as a strength during this time.

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Staff Contact

(415) 387-1375
info@sfvillage.org

Avi Rose
Interim Executive Director
avi@sfvillage.org, ext. 1

Jill Ellefsen
Member Services Director
jill@sfvillage.org, ext. 2

Sarah Brigid Newsham Kent
Program & Creative Director
sarah@sfvillage.org, ext. 3

Sha'Nice Patterson
Wellness & Volunteer Coordinator
sha'nice@sfvillage.org, ext. 4

Jessica Da Silva
Communications & Fund Development Director
jessica@sfvillage.org, ext. 6

Nidhi Patel
Administrative Assistant
nidhi@sfvillage.org, ext. 5

Stephanie Casella
Administrative Support
steph@sfvillage.org, no ext

New Members

Madelaine Eaton 94115
Joanne Churchill 94110
Becky & David LeBuhn 94123
Eve Solomon 94123
Audrey Scotto 94118
Nanette Duffy 94110
Richard Schwartz 94110
Tom Phillips 94107
Karen Wight 94014
Ann Williams 94115
Adele Brookman 94112
Susan Miller 94122
Steven Krolik & Ruth Weisberger
94118
William & Emily Williams 94121

Thank you to our Sponsors



In Memoriam

Michael Lownie, 94117

Michael was a true artist who lived an authentic life full of creativity. He moved to San Francisco in 1969 at age 17 to check out the hippie scene as "counter culture" always had an adventurous element that inspired him. He was a sweet soul and a handsome man with an ever-present smile beloved by many, especially his partner and SFV member John Carr, who cared for him with an unwavering love.



Phemie Brown, 94015

Phemie enjoyed keeping in touch with family members and friends; acquiring new knowledge through reading; and relaxing by singing, reading plays, gardening, and attending the SF Symphony and SF Ballet. She also exercised her body with Tai Chi, walking and playing with her dogs; and exercised her mind through international travel, reading the Sunday NY Times and solving Sunday Crossword. Phemie often said that her

important life goal was to be of help to others, and she was.

Did You Know?

Honor a Loved One, Support Our Community: Give Through Your IRA.

Make a lasting impact with a tax-free gift to San Francisco Village (Tax ID #26-1300020) through a Qualified Charitable Distribution (QCD) from your IRA. If you're 70½ or older, it's a smart way to give back while reducing your taxes. Contribute before the 2025 tax-filing deadline.

Upcoming Events



GGP Walks with USF Students

Tuesdays, April 1 – April 29, 11:00AM - 12:00PM

Fridays, April 4 – April 25, 2:30 – 3:30 PM

Meet at SFV office, 3220 Fulton St.

Register with SFV at (415) 387-1375 or info@sfvillage.org

Let's get outside and enjoy the Spring sunshine! We have a few USF students in the Kinesiology Department to walk and talk with members in Golden Gate Park for the Spring semester. All abilities and paces are welcomed. Walks can be as long as 1-2 hours, though shorter options are available.

Art, Science, Trees, & Humanity

Tuesday, April 1, 2:30 – 3:30 PM

SFV office, 3220 Fulton St.

Register with SFV at (415) 387-1375 or info@sfvillage.org



A presentation by Emmy-nominated filmmaker & artist Tiffany Shlain, daughter of Village member Carole Lewis. Tiffany Shlain is a multidisciplinary artist, Emmy-nominated filmmaker, national

bestselling author, and the founder of the Webby Awards. Working across mediums, Shlain's work explores ideas in feminism, philosophy, technology, neuroscience, and nature. Her work has been shown at The Museum of Modern Art in New York, the Sundance Film Festival and US embassies globally. Join us for a conversation where Tiffany walks us through art from her recent art exhibits that explore ideas in trees, time and technology.



Art Salon

Wednesday, April 2, 2:00 – 3:00 PM

SFV Office, 3220 Fulton

Register with SFV at (415) 387-1375 or info@sfvillage.org

Come show off what you've been creating! We'd love to see paintings, drawings, photographs, needle work, crafts, hear some of your writings, listen to your songs, and more.

Eldership Connections

Thursdays, April 3 – April 24, 10:30 AM – 12:00 PM

SFV office, 3220 Fulton St.

Register with SFV at (415) 387-1375 or info@sfvillage.org

This series started in March



What are your experiences with getting older or just being old? Join us for six sessions as we dive into issues that come up with aging-- for yourself, for your family, for your friends. Sessions won't have agendas, but the group will collectively land on what would be helpful for us to talk about. Please plan to attend all sessions (we understand if you get sick or a last-minute doctor appointment pops up). Joanne Seltzer is a psychiatrist who recently retired and is looking for a way to give back in a meaningful way. Ellen Klutznick has been a therapist for half of her life and she'd like to give back to other older adults like herself. Both Joanne and Ellen are members and have benefited from belonging to San Francisco Village.



Sunday Sessions

Farmers Market at Stonestown

Sunday, April 6, 11:00 AM – 1:00 PM

Register with Ilene Rich Holtzberg

Enjoy a Sunday morning by buying fresh fruits and veggies, listening to music and viewing crafts.

Coffee Klatch at Ballast, 329 West Portal

Sunday, April 27

Register with Ilene Rich Holtzberg

Great coffee and pastries at an outdoor garden where one can sit and drink coffee and view art. Off the Muni K or M line.

Share Your Story!

Mondays, April 7 – April 28, 10:30 AM – 12:00 PM
IT Bookman Community Center, 446 Randolph St (4/7, 4/21)
San Francisco Village, 3220 Fulton St. (4/14, 4/28)
Register with SFV at (415) 387-1375 or info@sfvillage.org
This series started in February, and you can join at any time



Explore your experiences and memories, and share them with others, in a 12-week series from SFV, Southwest Community Corporation @ IT Bookman Community Center & Litquake's Elder Project.

Evocative writing prompts will inspire you to dig deep into both past and present to tell your story. A supportive writing teacher helps you discover the stories you carry within. At the end of each session, share your words with the group. Come together to talk, write, and find community. Classes alternate between SFV and ITB Community Center. You are also welcome to drop in to as many sessions as you can attend!



Tech Day with Google

Tuesday, April 8, 11:00 AM – 12:00 PM
121 Spear St, San Francisco, CA 94105, Evolution Creek space (2nd floor)
Register with SFV at (415) 387-1375 or info@sfvillage.org

Google volunteers will provide one-on-one tech support to seniors with a variety of tech challenges. Some examples include navigating with Google maps, how to create a photo album, how to set up a new device etc. Please bring a government ID and arrive 10 minutes before the session starts, at 10:50 AM, so the team can guide you to the event room. Registration required by 4/3.

Paper Collage

Wednesday, April 9, 1:30 – 3:30 PM
SFV Office, 3220 Fulton St.
Register with SFV at (415) 387-1375 or info@sfvillage.org



Take paper and images selected by choice or chance and cut, tear and glue them into a unique work of art. No experience necessary; we are all artists. Dennis Treanor, an SFV member, has worked in art for nearly 60 years and taught art and ceramics for his entire working career, and continues to do so in his retirement. This workshop happens every other month—come once, occasionally, or regularly!



Leadership Transition Meetings

Wednesday, April 9, 2:00 – 3:30 PM, on Zoom
Tuesday, April 15, 10:30 AM – 12:00 PM, at SFV Office, 3220 Fulton St.
Thursday, April 17, 4:00 – 5:30 PM, at SFV Office, 3220 Fulton St.

Register with SFV at (415) 387-1375 or info@sfvillage.org

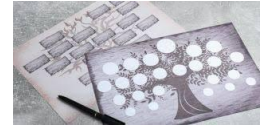
Please join the SFV Board of Directors and Interim Executive Director Avi Rose for a leadership transition meeting. While our leadership is changing, we remain dedicated to our strategic plan and our values, continuing our mission to operationalize love for elders. We plan to listen deeply and lean into our intentional community as a strength during this time. The content of what's presented at each meeting will be the same, so please sign up for just one!

Genealogy at Glen Park Branch Library

Thursday, April 10, 1:00 – 2:30 PM

San Francisco Public Library, Glen Park Branch, 2825 Diamond Street

Register with SFV at (415) 387-1375 or info@sfvillage.org



Discover the secrets hidden within the library's genealogical databases, such as Ancestry, MyHeritage, and HeritageHub. Join us for an illuminating session that demystifies these powerful tools for researching your roots. Our presenter is Daniel Matsumoto, eResources Librarian.



Fine Arts Museums Virtual Tour

Friday, April 11, 1:00 – 2:00 PM

Zoom

Register with SFV at (415) 387-1375 or info@sfvillage.org

The Season of Spring FAMSF docents Charlotte Read and Victoria Kirby will present artworks that deal with Spring - paintings, colored drawings and tapestry - that we hope will put you in the spirit of the changing season.

Palliative and Hospice Care

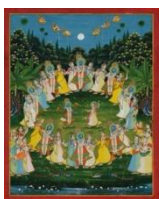
Wednesday, April 16, 2:00 – 3:00 PM

Zoom

Register with SFV at (415) 387-1375 or info@sfvillage.org



Join social worker Bridget Sumser from Mettle Health in a conversation about Palliative and Hospice Care. Bridget became a social worker to help people living with serious illness. Over the course of the last 10 years, she has worked across settings, providing support and companionship to patients, families, community members, and providers. In addition to her clinical work, she is a writer and educator and edited *Palliative Care: A Guide for Health Social Workers* (Oxford University Press, 2019).



Asian Art Museum Virtual Tour

Friday, April 18, 1:00 – 2:00 PM

Zoom

Register with SFV at (415) 387-1375 or info@sfvillage.org

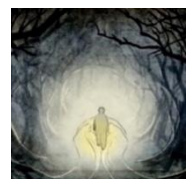
Darshan: The Act of "Seeing" in Hindu Art This talk offers a chance to see some of the fabulous depictions of Hindu deities from the Asian Art Museum's collection. Because Hinduism holds that even representations of deities possess divinity, the act of darshan (viewing an image of a deity) can be profound and auspicious for the believer. From the ten Avatars of Vishnu and the various forms of Shiva to a host of complex female deities, explore the storied pantheon of Hindu gods and goddesses and the powerful possibilities of darshan.

Conversations for Mortals

Tuesday, April 22, 11:00 AM – 12:30 PM

SFV office, 3220 Fulton St.

Register with SFV at (415) 387-1375 or info@sfvillage.org



Join Stephanie Crawford, hospice nurse and death doula, for a series that will explore and normalize conversations around death and dying. By opening up the conversation around mortality,

we hope to cultivate acceptance, compassion, and connection with one another as we ponder our inevitable fate.

Please note this session is only in person and is our last on the calendar as Stephanie's schedule has changed.



The Alzheimer's Association Educational Series

Register with SFV at (415) 387-1375 or info@sfvillage.org

Please join us for one, a few, or all the upcoming programs!

10 Warning Signs of Alzheimer's, at SFV office, 3220 Fulton St.

Wednesday, April 23, 2:30 – 3:30 PM

This education program will help you recognize common signs of the disease in yourself and others and next steps to take, including how to talk to your doctor.

Understanding Alzheimer's and Dementia, on zoom

Friday, April 25, 11:00 AM – 12:00 PM

Learn basic information on the difference between Alzheimer's and dementia, stages, risk factors, research and FDA-approved treatments.

Building Foundations of Caregiving, on zoom

Wednesday, April 30, 2:30 – 3:30 PM

Explores the role of caregiver and changes they may experience, building a support team and managing caregiver stress.

Dementia Conversations, on zoom

Thursday, May 15, 11:00 AM – 12:00 PM

If you know someone who is experiencing changes in memory, thinking and behavior, this education program provides tips and strategies for difficult – but important – conversations about changes that may be related to dementia.

Managing Money: A Caregiver's Guide To Finances, on zoom

Thursday, May 29, 11:00 AM – 12:00 PM

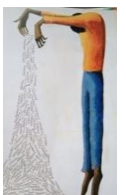
If you or someone you know is facing Alzheimer's disease, dementia or another chronic illness, it's never too early to put financial plans in place. Join us to learn tips for managing someone else's finances, how to prepare for future care costs and the benefits of early planning.

Virtual Poetry Reading

Friday, April 25, 2:00 – 3:30 PM

Zoom

Register with SFV at (415) 387-1375 or info@sfvillage.org



Seven San Francisco Village members will share some of their work in this virtual poetry reading! Guests are welcomed to attend as part of this celebration of National Poetry Month.



LGBTQ+ WALK at Blue Heron Lake
Saturday April 26, 1:00 PM Lunch, 2:00 PM Walk
Blue Heron Lake in Golden Gate Park
Register with David L or drop in

Join us for lunch at the [Blue Heron Lake Boat House cafe](#) where you can purchase food or bring your own picnic lunch. For the walk we will meet at the bridge just past the boat house. The walk is mostly flat with a slight incline at the start. The walk takes about 30 minutes. If we are lucky, we might spot one of the blue herons. There is a restroom in the parking lot of the boat house. Parking is available on the road before and after the Boat House. Call 311 for MUNI information. A shuttle bus runs through the park every 15 minutes on the weekends.

Support in Today’s Political Climate

Mondays, April 28 – June 9 (skip 5/26), 2:00 – 3:30 PM
SFV office, 3220 Fulton St.
Register with SFV at (415) 387-1375 or info@sfvillage.org
Space limited



In these times of unprecedented uncertainty and political turmoil, our coming together to interact with one another has never been more important. To that end, we are thrilled to announce a new, member-led, 6-session series designed to foster mutual emotional support and connection. Together we'll listen and support each other in a safe space – helping one another navigate the turbulent waters of these challenging times while exploring the power of our shared hopes, compassion and empathy. Led by SFV members Cadell Child and George Woyames.



State of the Village
Tuesday, April 29, 10:30 AM – 12:00 PM
Zoom
Register with SFV at (415) 387-1375 or info@sfvillage.org

Please join us for our annual shareholder meeting, held in person and on zoom. We'll discuss our goals for 2025, results of the recent member survey and how you can feel more engaged with this vibrant community!

Acting

Tuesday, April 29, 2:30 – 4:00 PM
SFV office, 3220 Fulton St.
Register with SFV at (415) 387-1375 or info@sfvillage.org



Have you ever wanted to get on stage? Are you interested in an acting class? We're thinking of starting an acting class led by SFV member Margot B., former director and acting coach. We're exploring what the group will be -- come give your input! All experience levels are welcomed!



InnerYoga

Wednesday, April 30, 3:00 – 4:15 PM

SFV office, 3220 Fulton St.

Register with SFV at (415) 387-1375 or info@sfvillage.org

InnerYoga is an approach to yoga. Awareness, breath, ease, and kindness are intertwined in all the yoga styles we teach: meditation and breathing, Jin Shin Jyutsu, Yin, Gentle Hatha Flow and Restorative. All levels and abilities are welcome. We will meet you at your level and support you in your practice. Led by Jaime Yamamura, CYT, CMT and Cheryl McCue, CYT. Both Jaime and Cheryl are San Francisco natives and have been teaching for over 10 years.

Recurring Events

Grupo de Conversación en Español

Tuesdays, April 1, 8, 15, 22, & 29, 1:00 – 2:00 PM, at .SFV Office, 3220 Fulton St.

Register with SFV at (415) 387-1375 or info@sfvillage.org



Add a little more Spanish conversation to your life! This group is led by members and there will be no formal instruction. We meet on Tuesdays! Not sure if your Spanish is up for it? Check it out! We're a fun and lively group who help each other.



Let's Play Games

Tuesday, April 1, 1:00 – 3:00 PM, at SFV office, 3220 Fulton St.

Register with SFV at (415) 387-1375 or info@sfvillage.org

Come play games with us and have fun while meeting new people. You can bring a game you like or enjoy the ones we have such as Rummikub, Scrabble, Uno or playing cards.

Aging Well with Mindfulness Meditation

Wednesdays, April 2, 9, 16, 23, & 30, 10:00 – 10:45 AM, on Zoom

Register with SFV at (415) 387-1375 or info@sfvillage.org



Mindfulness is a way of paying attention with kindness and curiosity to what is arising in the present moment. Mindfulness meditation is associated with cognitive, emotional, and physiological benefits, including emotional regulation, stress management, and improved sleep. Mindfulness can help us navigate everyday life, including changes that are a part of the aging process. Come learn and practice mindfulness and engage in discussion. All levels of experience are welcome for this drop-in group.

Terre Passero, the founder of [Mindful Stress Management](#), has been teaching mindfulness since 2005. She is a Certified Mindfulness-Based Stress Reduction (MBSR) Instructor, and a Certified Stress Mastery Educator. She also spent five years in Japan where she practiced (and still practices) Zen meditation.



Intergenerational Book Club

Wednesday, April 2, 10:00 – 11:00 AM, on Zoom

Register with SFV at (415) 387-1375 or info@sfvillage.org

Join our monthly intergenerational book club to discuss the chosen book together. Our discussions are lively and create an environment to share diverse viewpoints. Whether you're a regular at this book club or just dropping in one time, everyone's welcome to share, learn, and grow together. For April 2 we decided to read *The Fraud* by Zadie Smith. For May 7, we are reading *North Woods: A Novel* by Daniel Mason.

LGBTQ+ Member Drop in Planning Meeting

Thursday, April 3, 1:00 – 2:00 PM, at SFV Office, 3220 Fulton St.

Register with SFV at (415) 387-1375 or info@sfvillage.org



Join us for a monthly drop-in planning session to explore new ideas of socializing together for members of the LGBTQ Circle AND the Del & Phyllis Posse, PLUS any other LGBTQ+ members of SFV, AND their allies! We'll discuss activities and ways of connecting in the coming months, as well as how to get involved in organizing these activities. So far, we are planning: (1) a walk at Blue Heron Lake in GG Park on Saturday, 4/26; (2) a potluck lunch at the home of David L on Saturday, 5/26; and (3) a walk and picnic at Stern Grove on Saturday, 6/21. Let's plan some additional social activities. Bring your ideas and your calendars!



Fitness Exercise

Thursdays, April 3, 10, 17, & 24, 2:30 – 3:30 PM at SFV office, 3220 Fulton St.

Mondays, April 7, 14, 21, & 28, 1:00 – 2:00 PM on Zoom

Register with SFV at (415) 387-1375 or info@sfvillage.org

Simple, slow and gentle exercises to help keep the body limber with an emphasis on improving balance, strength and flexibility. Exercises can be modified for your level. Feel free to join at any time. Led by Caroline Lew, a certified Senior Fitness and Tai Chi Instructor.

Makers and Crafters

Friday, April 4, 2:00 – 3:30 PM, at SFV office, 3220 Fulton St, 94118

Register with SFV at (415) 387-1375 or info@sfvillage.org



Do you watercolor? Knit or crochet? Bead? Applique? Open to learning to knit or sharing your craft with others? If so, we welcome you to join our lively group of makers and bring whatever hand craft and creative projects you are working on as well as completed pieces you would like to show off. Everyone is welcome at the Makers Group, no matter your craft, handwork or art form.



Virtual Social Hour

Saturdays, April 5, 12, 19, & 26, 5:00 – 6:30 PM on Zoom

Register with Leslie Stafford

Informality is the theme---if you are TARDY---come anyway! And, if you have over-scheduled yourself, and need to depart early---no worries! Bring your favorite tipples and nibbles, get comfy, and we'll chat and check-in with fellow San Francisco Village members and, perhaps, some volunteers and

youngsters as well. We look forward to lively discussions on a wide range of topics including whatever YOU would like, from personal updates to the silly or serious— limited only by your imagination!

Member to Member Coffee Chat

Monday, April 7, 14, 21, & 28, 10:00 – 11:00 AM, on Zoom
Register with SFV at (415) 387-1375 or info@sfvillage.org

Note: You need to send in new RSVPs every month



Join us for an informal and nourishing hour together to connect, share our experiences, and learn from each other. Thank you to our board and member facilitators and all attendees for creating this virtual coffee hour!



Explorers

Planning Meeting: Monday, April 7, 1:00 – 2:00 PM, at SFV office, 3220 Fulton St.
Register with SFV at (415) 387-1375 or info@sfvillage.org

Join us to help plan activities for this year!

Filoli, Tuesday, April 8, 11:00 AM

Join us for a stroll through the lovely estate of Filoli in Woodside. For those interested, there will be a docent-led tour. We will lunch at their Cafe. Bring a friend. Members are free. Senior tickets are \$37, which can be purchased online or onsite. If interested, please text Phyllis Scaduto at 415-235-6239.

Muir Woods National Monument and Lunch, May 5, 8:00 AM

Explorers are planning a trip to Muir Woods at the end of May. We are carpooling, although it is possible to take public transportation. If you are driving there, you must first reserve a parking reservation for your car for 9:30am - 10:00am at 1-800-410-2419. Parking space is limited, so you must make a reservation asap. There are other ways to reach Muir Woods, by bus, by ferry or by finding someone who wants to drive there.

Afterwards we will be stopping at Pelican Inn for a delicious lunch. We will probably return to San Francisco around 2:30 or 3:00pm. RSVP or questions to Barbara. The costs are as follows: \$ 9.50 for parking a car at Muir Woods, \$15.00 entrance fee, per person, to enter park, plus cost of lunch, determined by what you order.



Play Mah Jongg

Mondays, April 7, 14, 21, & 28, 2:00 – 4:00 PM, at SFV office, 3220 Fulton St.
Register with SFV at (415) 387-1375 or info@sfvillage.org

Mah Jongg is a game of skill and chance like no other. Mah Jongg is a game of skill and chance like no other. We have an American Style Mah Jongg set at the office. Nancy Neuhaus will go over the 2025 Mah Jongg card on 4/7.



The Page and the Stage

**Tuesdays, April 8 & 22, 2:00 – 3:30 PM, at SFV office, 3220 Fulton St.
Register with SFV at (415) 387-1375 or info@sfvillage.org**

We're a playreading/discussion group that meets twice a month. Read aloud (or not), talk a lot (or not), and enjoy your fellow members interested in the page and the stage. We welcome your voice. Drop a note to Barbara Scrafford for more information and the title of the next play on our schedule.

Solo-Agers Circle

**Friday, April 11, 10:30 AM – 12:00 PM, on Zoom
Register with SFV at (415) 387-1375 or info@sfvillage.org**



We gather to provide support for the journey of solo aging as well as problem solving together.



Potluck Group

**Sunday, April 13, 4:00 – 6:00 PM
Home of Sharon Eastman on Stanton Street in the Eureka Valley neighborhood
above the Castro District
Register with Marvin Berkowitz**

Share food and make new friends at members' homes monthly. Please bring a small dish in a serving tray along with utensils, and a beverage to share. Stanton St. is a short dead-end street that intersects upper Market St immediately after Grandview Avenue. Parking on the street near the house can be difficult. Nearby buses are #24, 33, 35.

The Group is looking for a NEW Coordinator to take over from Marvin, who has been organizing these events for the past 18 months. The tasks are easy. Please ask him for the details if this is something you would like to do. Great way to meet people. Also, we need HOSTS and CO-HOSTS (to set up and tidy up) in the coming months, so please let Marvin or Phyllis Scaduto know.

Over 90!

**Monday, April 14, 2:30 – 3:30 PM, on Zoom
Register with SFV at (415) 387-1375 or info@sfvillage.org**



Gather on zoom with your fellow nonagenarians! Requested by a few members, we hope to build new connections and have space to talk about experiences in this decade of life.



Any Book Book Club

**Tuesday, April 15, 2:30 – 3:30 PM, at SFV office, 3220 Fulton St.
Register with SFV at (415) 387-1375 or info@sfvillage.org**

The Any Book Book Club is the easiest book club around! There is no assigned book to read - we get together and discuss what we've been reading and what we plan to read next.

Artists Circle

Stuck/Unstuck

Wednesday, April 16, 2:00 – 4:00 PM at SFV office, 3220 Fulton St.

RSVP to Gayle Geary or Jay Davidson



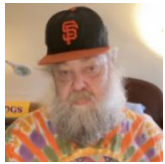
Join us for an inspiring video and a conversation about the projects we are working on. Whether or not you have anything to show, please come and share your thoughts and ideas.

Wayne Thiebaud at the Legion of Honor

Tuesday, April 29, 11:00 AM

RSVP to Gayle Geary or Jay Davidson

We plan to view the Thiebaud exhibit at the Legion of Honor. A number of us are members and are able to provide guest passes for non-members. For those who wish, we can go to the café for a coffee or tea afterwards to discuss the exhibit.



Music Chat with Marko

Thursday, April 17, 1:00 – 2:00 PM, on Zoom

Register with SFV at (415) 387-1375 or info@sfvillage.org

A safe space to share thoughts about music you enjoy, hosted by SFV member Mark “Marko” Fenton. Bring a song, artist, and/or genre, maybe a favorite, maybe a classic, maybe one that has recently stirred something in you. Ideally the music can be found on YouTube or some other way to share with the group so we can listen together and discuss what the music means to us.

The San Francisco Village View: A Current Events Discussion Group

Friday, April 18, 2:30 – 4:00 PM

Thursday, April 24, 12:30 – 2:00 PM

SFV office, 3220 Fulton St.

Register with SFV at (415) 387-1375 or info@sfvillage.org. Space limited, Registration required



Let's gather in community and conversation about what's happening in our world--this could be global or local. Please bring a topic and the group will vote at the beginning of each session. Knowing our identities are wrapped up in the political landscape, we will engage each other with respect and an ear to understanding others' views. We are committed to learning, not debating. We allow everyone the chance to speak, and we avoid assumptions about individuals or generalizations about social groups. We ask that all who attend check sources/facts and be prepared to share them; we don't want to contribute to misinformation.

The 3rd Friday group is led by member Marymelissa Grafflin and 4th Thursday group is led by members Marymelissa Grafflin and Alexander Williams. The topics and viewpoints discussed are individual member's beliefs, not necessarily those held by the organization.



Del and Phyllis Posse: Female LGBTQ+ Circle

Mondays, April 21, 12:00 PM, at Harding Park, 99 Harding Road

Register with Sarah Thompson

Female and female identifying members of San Francisco Village are invited to join us for a gay

"women's only" social circle. During this hour, we will have a chance to get to know each other and talk about our shared history as seniors in the LGBT community as well as discuss the joys and challenges of our past, present and future lives! Open to all members and volunteers that identify as female LGBTQ+.

San Francisco Village Book Club

Monday, April 28, 4:00 PM, on Zoom
Register with Sharon Kuester



We will be discussing *Persuasion* by Jane Austen.

Neighborhood Circles

Neighborhood Circles are smaller, hyper-local groups that enable members to develop relationships closer to home, led by members and volunteers. Members are welcome to attend any circle, even if it is outside of their zip code/neighborhood.

Sunset Circle

Thursdays, April 3 & 27 4:30 – 5:30 PM on Zoom
Register with new circle leader Patty Gerend
Join us on zoom!

Monday, April 21, 10:30 AM at Java Beach Café on La Playa and Judah

No need to RSVP, just show up for coffee at the beach.

94114/94131 Circle

Tuesday, April 8, 12:30PM Lunch at Pakwan, 3180-82 16th Street.

Join us for our monthly restaurant lunch. RSVP to Jay Davidson

Wednesday, April 16, 11:00 to 11:45AM on Zoom.

We will send out the Zoom link one week prior to the meeting. No RSVP needed!

Thursday, April 17, 4:00 to 6:00PM Happy hour at Valley Tavern, 24th Street

We are alternating between Aquitaine and Valley Tavern on 24th Street. No RSVP needed!

Wednesday, April 23, 10:00AM Coffee at Martha & Bros at 1551 Church Street, at Duncan

No RSVP needed!

Neighborhood Circles:

Sunset Circle: 94122/94116

West of Twin Peaks: 94127/94132
St. Francis Wood, West Portal, Forest Hill, Park Merced, Ingleside Terraces, Oceanview, Merced Heights and Ingleside

94110/94134: Bernal Hts /Potrero/ Mission/Visitation Valley/Bayview

94107/94103: South of Market/Mission/ Potrero

94109/94133: Nob Hill, North Beach, Telegraph Hill, Chinatown, Russian Hill

Embarcadero/FiDi: 94111/94104/ 94105/941108

94112: Excelsior/Ingleside TBD

94114/94131: Castro/Noe Valley/Glen Park

94115: Pacific Heights/Western Addition/Japantown

94117: Cole Valley/Haight

94118/94129: Inner Richmond

94121: Outer Richmond

94123: Marina/Cow Hollow

94102: City Center, Opera Plaza

LGBTQ+ Circle: Citywide

94121 Circle

**Tuesday, April 8 2:00 – 3:30 PM at Anza Branch Library
Register with Betty Vaughan or Carol Rothman**

We meet the second Tuesday of every month. We'll be at the library this month and hearing from our member Fanny K. about her life, then get better acquainted in smaller groups.

94107/94103 Circle

**Wednesday, April 9, 1:30 PM at Amber India Restaurant, 25 Yerba Buena Lane
Wednesday, April 23, 4:00 PM at Aquitaine Wine Bar & Bistro, 216 Church St. near Market
Register with Dian Miller**

Join us for lunch on 4/9 (no single checks) and happy hour on 4/23 at a cozy French Restaurant with great choices.

94118 Circle

**Thursday, April 10, 3:00 – 4:30 PM at Karen Franklin's house, 11th Ave and Cabrillo
Register with Karen Franklin**

It's an afternoon coffee break at Karen's house. Karen provides beverages and snacks. We enjoy good conversation and fellowship. Contributions to help Karen with provisions are welcome but certainly not obligatory. If you would like to use Karen's elevator, contact her to arrange entry. Remember that all Circle meetings are open to all members, so encourage your Village friends to join us.

94117 Circle

**Friday, April 11, 1:00 – 2:15 PM on Zoom
Friday, April 25, 1:00 – 2:30 PM TBD if in person or on zoom
Register with Bill Haskell**

The 94117 Circle meets twice a month, once on zoom and the second could be in person or on zoom. If we meet in person, the location will be determined at the first meeting. We can share what is going on in our lives – what brings us pleasure, what we are enjoying, and what is positive. We can also share any challenges we are facing.

LGBTQ+ Circle

**Thursday, April 17, 1:00 – 2:30 PM at Cup of Java Café, 3500 Geary Blvd.
Register with Bill Haskell**

The LGBTQ Circle meets once a month. This session is usually in person. We can talk about activities we would like to participate in, or that we have participated in, and we can also make suggestions for future activities that sound interesting and fun.

94115+ Circle

**Wednesday, April 23, 2:00 PM at Diana V.'s home
Register with Gayle Geary**

Join your neighbors and friends for a lovely tea and lively conversation! Diana Vollmer has generously offered to host us in her apartment on Washington Street. Be ready to be amazed at the panoramic view of the Bay and Golden Gate Bridge. Please RSVP to Gayle Geary by Thursday, April 17th. Details will be sent to those who plan to attend.

West of Twin Peaks Circle

**Thursday, April 24, 1:00 PM at Elena's Mexican Restaurant, 255 West Portal Ave
Register to LeeAnn DeSalles by April 12**

The family behind Original Joe's newest project draws inspiration from co-owners two oldest daughters, and features signature Mexican-American dishes. Enjoy a frozen margarita with guacamole, calamari fritos or another fabulous appetizer. We request that you have cash to pay your individual bill. We add 36% to our order, which includes tax, tip and health mandate (6%).

94109/94133 Circle

**Thursday, April 24, 1:30 PM, at Star of the Sea Catholic Church, 4420 Geary Blvd.
Register with Bobbie Rothman or Juliet Rothman**

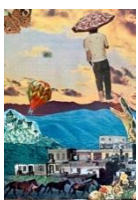
Continuing our theme of visiting religious and cultural institutions in San Francisco, our circle will be visiting Star of the Sea Catholic Church. We will have a guided tour of the church, and explore some of its special features, including its many statues and stained-glass windows. After our tour, we'll have coffee and snacks nearby and have an opportunity to spend time together and socialize.

Bernal Circle

**Sunday, April 27, 2:00 PM, at David and Susan's house near Holly Park
Register with Susan Kahn**

Please join us as we get to know each other and create a supportive, active group.

Save The Dates



Collage Series

Wednesdays, May 7 – May 28, 1:30 – 3:30 PM

SFV Office, 3220 Fulton St.

Register with SFV at (415) 387-1375 or info@sfvillage.org

A 4-session series to take paper and images selected by choice or chance and cut, tear and glue them into a unique work of art. No experience necessary; we are all artists. Dennis Treanor, an SFV member, has worked in art for nearly 60 years and taught art and ceramics for his entire working career, and continues to do so in his retirement.

Organizing and Sharing Important Information

Tuesday, May 20, 11:00 AM – 12:00 PM at SFV Office, 3220 Fulton St.

Tuesday, May 27, 11:00 AM – 12:00 PM on Zoom

Register with SFV at (415) 387-1375 or info@sfvillage.org



Join SFV member and retired lawyer Susan Pollack for a conversation about organizing and sharing information about one's estate and other critical documents - both for oneself and for those who will

have to deal with it. We'll talk about all the kinds of information you want to consider, such as: important contact details, estate and health care documents, property arrangements, where to find things, accounts to stop/monitor/pay, insurance, automobiles, etc.

Rather than legal advice and how to fill out a will, trust, or health care directive, we'll be focusing on how to think about the types of information and documents you should have, who you want to share it with, and the necessary conversations to have with people you've chosen. The outline Susan works from is one she developed for herself after her husband died, and now uses in discussions with her friends and colleagues. Think of something else? Bring it to the group so we can all think about it together!

Volunteer Support

Request a Volunteer and Volunteer Opportunities

San Francisco Village is an intergenerational community that brings younger volunteers together with older members to learn from and care for each other. Contact Jill Ellefsen at jill@sfvillage.org or (415) 387-1375 ext. 2 to sign up to receive our weekly emails detailing the many volunteer options available to you.



Reach out to Jill for help with:

- shopping and errand assistance
- technology assistance
- outdoor gardening
- friendly caller connections and/or walking partners
- and more!

Please note that the programs and events listed in this newsletter are offered to members of San Francisco Village. To learn more about registering for membership, please contact Jill Ellefsen.

San Francisco Village

is a membership organization designed with, by and for older San Franciscans and the extended community that champions them.

Mission

We operationalize love for elders in an ageist society by mobilizing the power of intergenerational relationships and mutual support.

Vision

We envision a future in which people of all ages, races, cultures and abilities work together to create communities of belonging and in so doing, model possibilities for relationship and connection that benefit the greater good.

What We Value

Intersection of Health Care and Social Care • Eldership • Intergenerational Relationships
Co-Creation • Equitable Community • Self-Reflection • Humility • Spontaneity

San Francisco Village

3220 Fulton St., San Francisco, CA 94118 • (415) 387-1375
www.sfvillage.org

