



From Executive Director, Kate Hoepke:

Dear Members and Friends,

We recently received an email from a member saying how much he appreciates San Francisco Village. In the year that he's been a member, he has discovered programs like *Reflect and Connect*, *Generational Body*, and *Current Events*. He's danced at the *Dance Party* and brought artwork and poems to the *Art Salon*.



He said, "Turning 80 last October was a shock. It was as if time had caught up with me. San Francisco Village has helped me to get over the shock and to feel much more at home with my age and condition. I love meeting others my age - and college agers too - learning how much we have in common. I feel part of a community, which has always been important to me."

So much is possible within the context of San Francisco Village! Revitalizing social connections, sharing our gifts, learning new perspectives, finding purpose, and asking for support can change the landscape of our later years. The difference between scarcity and abundance; fear and hope; loss and connection.

Making the Most of Your Membership is the topic of a program this month designed to help new members maximize the benefits of belonging. We'll talk about requesting volunteer support, navigating a hospital discharge or recent diagnosis, meeting like-minded people, finding programs and circles that meet your needs, and a lot more. Bring your curiosity, sense of adventure and a notebook to the SFV office on Tuesday June 18 at 11:00 a.m.

Of course, you don't have to be a new member to join us. It's not unusual for long-term members to have questions that didn't exist several years ago. I'm a caregiver now – where can I find support? My deceased partner always managed our money – who can help me with that? I'm a solo ager and was recently diagnosed with Mild Cognitive Impairment – what can I expect? If for no other reason, attending the session can help normalize what you're experiencing and reveal that you're not alone.

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Staff Contact

(415) 387-1375
info@sfvillage.org

Kate Hoepke
Executive Director
kate@sfvillage.org, ext. 1

Jill Ellefsen
Member Services Director
jill@sfvillage.org, ext. 2

Sarah Brigid Newsham Kent
Program & Creative Director
sarah@sfvillage.org, ext. 3

Sha'Nice Patterson
Wellness & Volunteer Coordinator
sha'nice@sfvillage.org, ext. 4

Jessica Da Silva
Communications & Fund Development Director
jessica@sfvillage.org, ext. 6

Nidhi Patel
Administrative Assistant
nidhi@sfvillage.org, ext. 5

Stephanie Casella
Administrative Support
steph@sfvillage.org, no ext

New Members

John Anderson 94108
Lisa Roelants 94114
Jessica & Gunilla Doremus 94131
Lewis Gartenberg 94110
Susan Rifkin 94131
Jerilyn Downing 94134
Sydney Clemens 94131
Lynn & Clark Moscrip 94114
Eileen & Bill Carey 94129
Alice & James Hogan 94111
Bill & James Meyer 94117
Carol Wei 94121
Terry & Martha Kirchhoff 94122
Leslee Savvy 94122
Suzanne Martin 94109
Voy Wiederhold 94102

As the circumstances of our lives change, so do our needs. San Francisco Village is here to help you figure things out.

Grateful to be in community with you!

Kate

Did You Know?

Holiday Office Closure

SFV office will be closed Wednesday, June 19 in honor of Juneteenth.

Donate A Vehicle

Have a car taking up space? Running or not, please consider donating your vehicle on our behalf. Go to our website to learn more or call 866-392-4483. We partner with Donate for Charity to handle all the details! As a San Francisco Village partner, when you donate your vehicle through Donate for Charity, 70% of the value of your donation goes toward supporting our mission and helping older San Franciscans continue living independently in the places they call home.

Thank you to our Sponsors

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Community Thrift Donations

Community Thrift Store accepts donations on behalf of San Francisco Village, sells the items, and then shares the proceeds with us. Many thanks to all of you whose closets have been cleaned out and who have named SFV the beneficiary. Last year for example, we received \$2000 in donations because of this partnership. Please keep us in mind when you drop your used and well-loved items off at Community Thrift Store, 623 Valencia St. Let them know our reference number for donations is 122.

Upcoming Events



Community Empowerment Training

Monday, June 3, 11:00 AM – 12:00 PM

SFV office, 3220 Fulton St, 94118

Register with SFV at (415) 387-1375 or info@sfvillage.org

The Coalition for Community Safety and Justice Program will present a 45-minute session with 10 minutes of Q&A focusing on staying safe on the street and on-board public transportation, protecting yourself in threatening situations with de-escalation skills, and intervening effectively as a bystander without compromising your safety.

The Coalition for Community Safety and Justice (CCSJ) is a group of four Asian American and Pacific Islander (AAPI) organizations—Chinese for Affirmative Action, Chinese Progressive Association, New

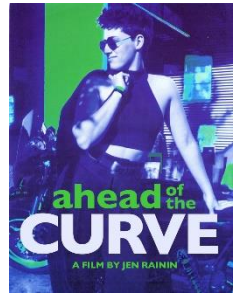
Breath Foundation, and Community Youth Center San Francisco—formed to address the safety of the AAPI community against violence, racism, and xenophobia. Our goal is to build racial solidarity while increasing public safety, through culturally competent, city-wide networks and programs that prioritize violence prevention and intervention.

Ahead of the Curve Viewing

Tuesday, June 4, 2:30 – 4:30 PM

SFV office, 3220 Fulton St, 94118

Register with SFV at (415) 387-1375 or info@sfvillage.org



Join the Del and Phylliss Posse to watch *Ahead of the Curve*! With a fist full of credit cards, a lucky run at the horse track, and chutzpah for days, Franco Stevens launched *Curve*, the best-selling lesbian magazine ever published. *Ahead Of the Curve* tracks the power of lesbian visibility and community from the early '90s to the present day through the story of Franco's founding of *Curve* magazine. Decades later, in the wake of a disabling injury, Franco learns that *Curve* will fold within the year and questions the relevance of the magazine in the face of accelerating threats to LGBTQ+ community. To forge a path forward, Franco reaches out to women working in today's queer spaces to understand what queer women need today and how *Curve* can continue to serve the community.



Responsible AI: A Guided Discussion on the Ethical Questions of Artificial Intelligence

Monday, June 10, 10:30 AM – 12:00 PM

^Hybrid: In person at SFV Office, 3220 Fulton, and on Zoom^

Register with SFV at (415) 387-1375 or info@sfvillage.org

Discussion of Artificial Intelligence is seemingly everywhere in our modern world. From chatGPT to the autonomous vehicles on the streets of San Francisco, AI is among the most consequential technologies of today. In this session, we will hear from AI researcher Alix Rübssam on the considerations of 'responsible AI' and discuss its ethical implications. This is a follow up session from February's presentation by SFV volunteer Aaron Frank.

All-Village Lunch

Monday, June 10, 12:30 PM

Salu Hall, 945 Market Street

Register with SFV at (415) 387-1375 or info@sfvillage.org



We will meet at the newly opened Salu Hall, adjacent to IKEA, at 945 Market Street between 5th & 6th Streets. Salu Hall takes up two floors, with multiple options for buying food. Meet at 12:30, find one of the many food vendors, buy what you like at the counter of your choice, and join each other for a meal.



Over 90!

Monday, June 10, 2:30 – 3:30 PM

Zoom

Register with SFV at (415) 387-1375 or info@sfvillage.org

Gather on zoom with your fellow nonagenarians! Requested by a few members, we hope to build new connections and have space to talk about life in this decade of life.

How to Hire & Employ a Caregiver or other Domestic Worker in San Francisco

Tuesday, June 11, 10:30 AM – 12:00 PM

SFV office, 3220 Fulton St,

Register with SFV at (415) 387-1375 or info@sfvillage.org



One out of every two Americans will need assistance with their personal care, such as bathing, dressing, using the restroom, at some point in their lives. While many of us will turn to a loved one to assist us with our homecare needs, roughly one-third of us will need to hire a caregiver or personal attendant to support us. In this workshop, we explore what it means to employ a caregiver or other domestic worker and how to build a mutually respectful working relationship with them. We'll also cover a recent update to San Francisco's paid sick leave requirements for domestic workers and gather the audience's feedback on the city's plan to facilitate domestic worker paid sick leave access. The workshop is provided by Hand in Hand: The Domestic Employers Network.



Member Walking Group: Artwork at UCSF

Wednesday, June 12, 10:30 AM

Meet at Chase Center, upper level, access from the 3rd St side near 16th St.

Register with SFV at (415) 387-1375 or info@sfvillage.org

We will explore parts of the 57-acre UCSF Mission Bay campus. It is well worth a visit to see and experience the energy of this world-class bio-medical research and treatment facility. We will see the amazing art pieces set in and around the buildings. It is only ½ mile south of busy downtown, but you feel you are in a different world. We will walk about 2 miles, 1 ½ to 2 hours, with several stops along the way for restrooms, views and to experience buildings such as Genentech, which looks like an amphitheater with huge strands of DNA in its lobby. We will begin and end at Chase Center where there are several restaurant choices. Or bring your lunch to eat outdoors in the bleachers where you can view the Warriors on a big screen while sitting next to former mayor Ed Lee who brought the Warriors to SF.

Look for your guide Marilyn Straka, SF Village Member and owner of On the Level SF Walking tours. Getting there: Public transportation recommended. Muni 22, T or N. Parking meters on 4th St. or Terry A. Francois Blvd. or Illinois St. Note: heavy rain and/or winds will cancel.

Monthly InnerYoga

Wednesdays, 6/12, 7/31, 8/28, 9/25, & 10/30, 3:00 – 4:15 PM

SFV office, 3220 Fulton St, 94118

Register with SFV at (415) 387-1375 or info@sfvillage.org



InnerYoga is an approach to yoga. Awareness, breath, ease, and kindness are intertwined in all the yoga styles we teach: meditation and breathing, Jin Shin Jyutsu, Yin, Gentle Hatha Flow and Restorative. All levels and abilities are welcome. We will meet you at your level and support you in your practice. Each month will have a theme: June 12 - Balance; July 31 - Flexibility; August 28 - Gentle Flow; September 25 - Yin Yoga & Jin Shin Jyutsu Practices; October 30 - Restorative Yoga

Led by Jaime Yamamura, CYT, CMT and Cheryl McCue, CYT. Both Jaime and Cheryl are San Francisco natives and have been teaching for over 10 years. Pre-Covid, they taught at the Doelger Senior Center for over five years and are looking forward to sharing their practice with San Francisco Village.



Fine Arts Museums Virtual Tour

Friday, June 14, 1:00 – 2:00 PM

Zoom

Register with SFV at (415) 387-1375 or info@sfvillage.org

Join us to explore the *Japanese Prints in Transition: From the Floating World to the Modern World* exhibition. The exhibition spotlights the “pop art” transition from the Edo period’s delicately colored ukiyo-e of actors, courtesans, and scenic views to the late nineteenth century Meiji era brightly colored images of Western-influenced architecture, fashion, industry, and modern military warfare.

Making the Most of Your Membership

Tuesday, June 18, 11:00 AM – 12:00 PM

SFV office, 3220 Fulton St, 94118

Register with SFV at (415) 387-1375 or info@sfvillage.org



Welcome, new members! If you’ve joined in the last year and haven’t yet jumped into our programming and volunteer opportunities, we’d love to make some connections to help you feel a part of this vibrant, caring community. We also invite any members who haven’t participated in a while.



Any Book Book Club

Tuesday, June 18, 2:30 – 3:30 PM

SFV office, 3220 Fulton St, 94118

Register with SFV at (415) 387-1375 or info@sfvillage.org

The Any Book Book Club is the easiest book club around! There is no assigned book to read - we get together and discuss what we've been reading and what we plan to read next.

Asian Art Museum Virtual Tour

Friday, June 21, 1:00 – 2:00 PM

Zoom

Register with SFV at (415) 387-1375 or info@sfvillage.org



Expressions of Gender in Asian Art Gender-fluid and ambiguously gendered depictions have existed in the art of numerous Asian cultures for thousands of years. Often, this portrayal of people and deities of indeterminate gender was informed by the spiritual concept of nonduality. Explore some of the fascinating representations of gender in various Asian traditions as illustrated by objects from the Asian Art Museum's collection.



Share Your Story!

Mondays, June 24 – September 16, 10:30 AM – 12:00 PM

Alternating locations:

San Francisco Village, 3220 Fulton St (6/24, 7/8, 7/22, 8/5, 8/19, 9/9)

IT Bookman Community Center, 446 Randolph St (7/1, 7/15, 7/29, 8/12, 8/26, 9/16)

Register with SFV at (415) 387-1375 or info@sfvillage.org

Explore your experiences and memories, and share them with others, in a 12-week series from SF Village, Southwest Community Corporation @ IT Bookman Community Center & Litquake's Elder Project.

Evocative writing prompts will inspire you to dig deep into both past and present to tell your story. A supportive writing teacher helps you discover the stories you carry within. If you'd rather tell your experiences aloud, instead of writing, we will record them. At the end of each session, share your words with the group.

Come together to talk, write, and find community. Classes alternate between San Francisco Village and the I.T. Bookman Community Center. Let us know if you can offer a ride or need a ride. We will try to make transportation matches. (Same goes with Muni companionship).

We hope you attend the whole series. You are also welcome to drop in to as many sessions as you can attend!

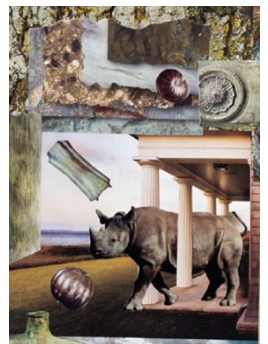
Paper Collage

Wednesday, June 26, 12:30 – 2:30 PM

SFV Office, 3220 Fulton St, 94118

RSVP to (415) 387-1375 or info@sfvillage.org

Take paper and images chosen by choice or chance and cut, tear and glue them into a unique work of art. No experience necessary; we are all artists. Dennis Treanor, an SFV member, has worked in art for nearly 60 years and taught art and ceramics for his entire working career, and continues to do so in his retirement.



Recurring Events

Virtual Social Hour

Saturdays, June 1, 8, 15, 22, & 29, 5:00 – 6:30 PM

Zoom

Register with Leslie Stafford



Informality is the theme---if you are TARDY---come anyway! And, if you have over-scheduled yourself, and need to depart early---no worries! Bring your favorite tipples and nibbles, get comfy, and we'll chat and check-in with fellow San Francisco Village members and, perhaps, some volunteers and youngsters as well. We look forward to lively discussions on a wide range of topics including whatever YOU would like, from personal updates to the silly or serious--- limited only by your imagination!

Member to Member Coffee Chat

Mondays, June 3 & 24, 10:00 – 11:00 AM

Monday, June 17, 2:00 – 3:00 PM

Zoom

Register with SFV at (415) 387-1375 or info@sfvillage.org

Note: You need to send in new RSVPs every month



Join us for an informal and nourishing hour together to connect, share our experiences, and learn from each other. Thank you to our board and member facilitators and all attendees for creating this virtual coffee hour!



Del and Phyllis Posse: Female LGBTQ+ Circle

Mondays, June 3 & 17, 12:00 PM

Kiwa Kitchen (Moki's), 615 Cortland Ave..

Register with Ellen Klages

Female and female-identifying members of San Francisco Village are invited to join us for a gay "women's only" lunch. We will get to know each other and talk about our shared history as seniors in the LGBTQ+ community, as well as the joys and challenges of our past, present, and future lives! Open to all members and volunteers who identify as female and LGBTQ+.

Travel Connections

Planning Meeting: Monday, June 3, 1:00 – 2:00 PM

SFV Office, 3220 Fulton

Register with SFV at (415) 387-1375 or info@sfvillage.org



Our planning meetings are on the first Monday of the month and we work by committee to organize trips. For more information, reach out to Travel Connections leader Kathy Moss.



Fitness Exercise

Mondays, June 3 & 10, 1:00 – 2:00 PM on Zoom

Thursdays, June 6 & 13, 2:30 – 3:30 PM at *SFV office, 3220 Fulton St,*

Register with SFV at (415) 387-1375 or info@sfvillage.org

Simple, slow and gentle exercises to help keep the body limber with an emphasis on improving balance, strength and flexibility. Exercises can be modified for your level. Feel free to join at any time. Led by Caroline Lew, a certified Senior Fitness and Tai Chi Instructor.

Let's Play Games

Tuesday, June 4, 1:00 – 3:00 PM

SFV office, 3220 Fulton Street

Register with SFV at (415) 387-1375 or info@sfvillage.org



Come play games with us and have fun while meeting new people. You can bring a game you like or enjoy the ones we have such as Rummikub, Scrabble, Uno, playing cards etc.



Aging Well with Mindfulness Meditation

Wednesdays, June 5, 12, & 26, 10:00 – 10:45 AM

Zoom

Register with SFV at (415) 387-1375 or info@sfvillage.org

Mindfulness is a way of paying attention with kindness and curiosity to what is arising in the present moment. Mindfulness meditation is associated with cognitive, emotional, and physiological benefits, including emotional regulation, stress management, and improved sleep. Mindfulness can help us navigate everyday life, including changes that are a part of the aging process. Come learn and practice mindfulness and engage in discussion. All levels of experience are welcome for this drop-in group.

Terre Passero, the founder of [Mindful Stress Management](#), has been teaching mindfulness since 2005. She is a Certified Mindfulness-Based Stress Reduction (MBSR) Instructor, and a Certified Stress Mastery Educator. She also spent five years in Japan where she practiced (and still practices) Zen meditation.

Intergenerational Book Club

Wednesday, June 5, 10:00 – 11:00 AM

Zoom

Register with SFV at (415) 387-1375 or info@sfvillage.org



Join our monthly intergenerational book club on the first Wednesday of the month at 10am to discuss the chosen book together. Our June book will be *James* by Percival Everett, a retelling of Huckleberry Finn. We are also inviting book club members to read *The Adventures of Huckleberry Finn* by Mark Twain in conjunction, though not mandatory. Our July book will be *An Artist of the Floating World* by Kazuo Ishiguro. We pick books that we all want to read from all generations. Our discussions are lively and create an environment to share diverse viewpoints. Whether you're a regular at this book club or just dropping in one time, everyone's welcome to share, learn, and grow together.



Art Salon

Wednesday, June 5, 2:00 – 3:00 PM

SFV Office, 3220 Fulton

Register with SFV at (415) 387-1375 or info@sfvillage.org

Come show off what you've been creating! We'd love to see paintings, drawings, photographs, needle work, crafts, hear some of your writings, listen to your songs, and more.

Artists Circle

Register with Gayle Geary or Jay Davidson

Bouquets to Art

Friday, June 7, 10:30 AM at *de Young Museum*

Several of our members have memberships to the museum. Register with Gayle or Jay if you would like a free entry to the exhibition.



Make a Mini Illustrated Art Book in One Hour

Tuesday, June 25, 2:00 – 4:00 PM at *SFV office, 3220 Fulton St, 94118*

Using one piece of paper, we will paint, draw, drip, whatever, then fold the paper into a small book shape. No art experience needed, and all materials will be provided. You can bring any fast-drying or dry materials with you to the workshop, but we will have everything you need to complete your book. Send any questions to Nancy Berry.



The Weekend Walking Group

Planning meeting: Friday, June 7, 10:30 AM – 11:30 AM on zoom

Walk: Saturday, June 15, 12:00 – 2:00 PM at *Rose Garden to Blue Heron Lake, Golden Gate Park*

Register with SFV at (415) 387-1375 or info@sfvillage.org

Calling all interested in the Weekend Walking Group! Help plan the next series of walks to introduce SFV members to your neighborhood or favorite spot in SF. Walks are scheduled for the third Saturday of each month. They should be on flat terrain and about 1.5 to 2 miles. Start times can differ but somewhere around 11:30 to 12:30 works. Public transportation should be available.

This month, the Weekend Walking Group visits traditional favorites in Golden Gate Park, the Rose Garden and the newly named Blue Heron Lake.

To start, meet at the Rose Garden, corner of Park Presidio Boulevard and Fulton Street at 12:00, June 15. We walk through the in-full-bloom Rose Garden and on to Blue Heron Lake. We stop for lunch at the Boathouse and then walk around the lake. We can then go either north back to Fulton Street or south to Lincoln Way. Sandwiches and drinks are available at the Boathouse. Parking is possible near Fulton Street and Park Presidio Blvd., but public transportation is preferable, via the 5-Fulton or the 28-19th Avenue. The walk is level, except for a slight uphill to the lake.

Music Chat with Marko

Friday, June 7 & June 28 (one week early for July holiday closure), 1:00 – 2:00 PM

Zoom

Register with SFV at (415) 387-1375 or info@sfvillage.org



A safe space to share thoughts about music you enjoy, hosted by SFV member Mark “Marko” Fenton. Bring a song, artist, and/or genre, maybe a favorite, maybe a classic, maybe one that has recently stirred something in you. Ideally the music can be found on YouTube or some other way to share with the group so we can listen together and discuss what the music means to us.



Makers and Crafters

Friday, June 7, 2:00 – 3:30 PM

SFV office, 3220 Fulton St, 94118

Register with SFV at (415) 387-1375 or info@sfvillage.org

Do you watercolor? Knit or crochet? Bead? Applique? Open to learning to knit or sharing your craft with others? If so, we welcome you to join our lively group of makers and bring whatever hand craft and creative projects you are working on as well as completed pieces you would like to show off. Everyone is welcome at the Makers Group, no matter your craft, handwork or art form.

Play Mah Jongg

Mondays, June 10 & 24, 2:00 – 4:00 PM

SFV office, 3220 Fulton St, 94118

Register with SFV at (415) 387-1375 or info@sfvillage.org



Mah Jongg is a game of skill and chance like no other. Mah Jongg is a game of skill and chance like no other. We have an American Style Mah Jongg set at the office.



Grupo de Conversación en Español

Tuesdays, June 11 & 25, 1:00 – 2:00 PM

Thursdays, June 13 & 27, 1:00 – 2:00 PM

SFV Office, 3220 Fulton

Register with SFV at (415) 387-1375 or info@sfvillage.org

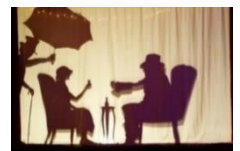
Add a little more Spanish conversation to your life! This group is led by members and there will be no formal instruction. We meet on the 2nd and 4th Tuesdays and Thursdays of each month. Not sure if your Spanish is up for it? Check it out! We're a fun and lively group who help each other.

The Page and the Stage

Tuesday, June 11, 2:00 – 3:30 PM

SFV office, 3220 Fulton St, 94118

Register with SFV at (415) 387-1375 or info@sfvillage.org



We're a playreading/discussion group that meets twice a month. Read aloud (or not), talk a lot (or not), and enjoy your fellow members interested in the page and the stage. We welcome your voice. Drop a note to Barbara Scrafford for more information and the title of the next play on our schedule.



Solo-Agers Circle

Friday, June 14, 10:30 AM – 12:00 PM

Zoom

Register with SFV at (415) 387-1375 or info@sfvillage.org

We gather to provide support for the journey of solo aging as well as problem solving together.

Potluck Group

Sunday, June 16, 4:00 – 6:00 PM

Home of Bick Simpson in the Embarcadero area

Register with Marvin Berkowitz



Share food and make new friends at members' homes monthly. Please bring a small dish and beverage to share.

There is a Limit of 10 for this event, so if you're interested, please register quickly. Parking on the street near Bick's house can be difficult. #12 Bus coming from Market or Van Ness stops on Sansome (Washington or Pacific) is one block away. Longer walk from BART.

We're looking for more members to host from all over the city, so please let Marvin know if you can Host or Co-Host in the coming months. This is fun and a good way to get to know others. Typical attendance is in the 15 range but could be less, depending on your space.



MoAd Virtual Tour and Discussion

Monday, June 24, 3:00 – 4:00 PM

Zoom

Register with SFV at (415) 387-1375 or info@sfvillage.org

Join an engaging session that links Black visual artwork with music by Black artists, making each one more powerful in their relationship. Sessions explore current or recent MoAd exhibitions and are vibrant, engaging, educational, and have been described as the best art discussion around.

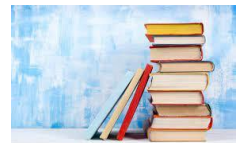
San Francisco's Museum of the African Diaspora, a contemporary art museum, celebrates Black cultures, ignites challenging conversations, and inspires learning through the global lens of the African Diaspora.

San Francisco Village Book Club

Monday, June 24, 4:00 PM

Zoom

Register with Sharon Kuester



We will be discussing *Our Man in Havana* by Graham Greene. Drop-ins are welcome but consider becoming a member.



Conversations for Mortals

Tuesday, June 25, 11:00 AM – 12:30 PM

^Hybrid: In person at SFV Office, 3220 Fulton, and on Zoom^

Register with SFV at (415) 387-1375 or info@sfvillage.org

Join Stephanie Crawford, hospice nurse and death doula, for a series that will explore and normalize conversations around death and dying. By opening up the conversation around mortality, we hope to cultivate acceptance, compassion, and connection with one another as we ponder our inevitable fate.

The San Francisco Village View: A Current Events Discussion Group

Thursday, June 27, 12:30 – 2:00 PM

SFV office, 3220 Fulton St, 94118

Register with SFV at (415) 387-1375 or info@sfvillage.org

Space limited, Registration required



Let's gather in community and conversation about what's happening in our world--this could be global or local. Please bring a topic and the group will vote at the beginning of each session. Knowing our identities are wrapped up in the political landscape, we will engage each other with respect and an ear to understanding others' views. We are committed to learning, not debating. We allow everyone the chance to speak, and we avoid assumptions about individuals or generalizations about social groups. We ask that all who attend check sources/facts and be prepared to share them; we don't want to contribute to misinformation.

This group is led by members Marymelissa Grafflin and Alexander Williams. The topics and viewpoints discussed are individual member's beliefs, not necessarily those held by the organization.

Neighborhood Circles

Neighborhood Circles are smaller, hyper-local groups that enable members to develop relationships closer to home, led by members and volunteers. Members are welcome to attend any circle, even if it is outside of their zip code/neighborhood.

West of Twin Peaks Circle

Wednesday, June 5, Lunch at 11:45 AM, Pacific Catch, 1200 9th Ave and Tour 1:00 -- 2:30 PM

Register by 6/3 with Roberta Gordon

If you're not joining the lunch, please meet at the front gate of SF Botanical Garden, 1199 9th Ave. This tour is back by popular demand because so many attendees enjoyed the previous tour given by Docent Diane Balter. Limit: 12 adults (with or without lunch); additional potential attendees will be waitlisted. For lunch, you will be paying your own bill plus 35% for tax, tip and service charge. For free admission, bring an ID showing San Francisco residency.

**Tuesday, June 11, 1:00 PM at *The Trident, 558
Bridgeway in Sausalito, CA*
Register by 6/6 with Roberta Gordon**

Originally opened in 1966 as a bar-restaurant-music venue by the Kingston Trio, the restaurant offers spectacular views of Angel Island, Alcatraz, and SF. The drink called Tequila Sunrise was created for the Trio. (Try it at your own peril!)

You will need to bring cash to pay your individual bill. We each add 35% to our order—that accounts for tax, tip, and health mandate.

94114/94131 Circle

Register/get more information with Jay Davidson or Rena Burns

**Thursday, June 6, 12:30 PM at *Lunch at Fable, 558
Castro Street,***

To reserve a seat at the table, please contact Jay.

Thursday, June 13, 11:00 AM on Zoom

RSVP not required; everyone in the Circle will get an email reminder with Zoom link a few days before the call.

**Wednesday, June 19, 10:00 AM at *Coffee at Martha & Brothers, 1551 Church Street*
Everyone is welcome to meet us for coffee. No need to RSVP.**

Sunset Circle

**Thursdays, June 6 & 20, 4:30 – 5:30 PM on Zoom
Register with Steve Hayashi**

Monday, June 17, 11:00 AM at *Java Beach Café on La Playa and Judah*

Join us on zoom for one biography meeting and one check-in meeting.

We'll also have our first coffee shop meet up this month! No need to RSVP, just show up.

LGBTQ Circle

**Friday, June 7, 1:00 – 2:15 PM Zoom
Friday, June 21, 1:00 – 2:30 PM *TBD*
Register with Bill Haskell**

The LGBTQ Circle meets twice a month - on the first and third Fridays. The first session will be online. The second session will be online or in person. If we meet in person, the location will be determined at the first meeting. We can share what is going on in our lives – what brings us pleasure, what we are enjoying, and what is positive. We can also share any challenges we are facing.

Neighborhood Circles:

Sunset Circle: 94122/94116

West of Twin Peaks: 94127/94132
St. Francis Wood, West Portal, Forest Hill, Park Merced, Ingleside Terraces, Oceanview, Merced Heights and Ingleside

94110/94134: Bernal Hts /Potrero/ Mission/Visitation Valley/Bayview

94107/94103: South of Market/Mission/ Potrero

94109/94133: Nob Hill, North Beach, Telegraph Hill, Chinatown, Russian Hill

Embarcadero/FiDi: 94111/94104/ 94105/941108

94112: Excelsior/Ingleside TBD

94114/94131: Castro/Noe Valley/Glen Park

94115: Pacific Heights/Western Addition/Japantown

94117: Cole Valley/Haight

94118/94129: Inner Richmond

94121: Outer Richmond

94123: Marina/Cow Hollow

LGBTQ Circle: Citywide

Embarcadero/FiDi Circle

**Monday, June 10, 12:00 PM *Lunch at Red's Java House at Pier 30 on the Embarcadero*
Register with Phyllis Goodman no later than Friday, June 7.**

Let's meet at this Bayshore eatery that's been creating what they call the stuff "that makes us 'us'" for more than 70 years. Great fish and chips, hamburgers served on sourdough bread, and daily specials. Buy your meal at the counter; meet out back on the deck. Optional: Tell us about the first concert you ever attended.

94121 Circle

**Tuesday, June 11, 2:00 PM at *Anza Branch library, 550 37th Ave*
Register with Judi Irunyi or Carol Rothman**

We meet the second Tuesday of the month at the library and sometimes at a member's home. We meet to provide support to each other, sharing our experiences and building community.

94107/94103 Circle

**Wednesday, June 12, 1:30 PM at *Merkado, 130 Townsend St.*
Wednesday, June 26, 4:00 – 6:00 PM at *Cafe Zoetrope, 916 Kearny on the ground floor of Francis Ford Coppola's Sentinel Building*
Register with Dian Miller**

Join us for lunch and conversation on June 12 and happy hour on June 27! Don't forget to RSVP (or cancel) since each has a limit of 8-10 people.

94118 Circle

**Thursday, June 13, 3:00 – 4:30 PM at *Karen Franklin's house, 11th Ave and Cabrillo*
Register with Karen Franklin**

It's an afternoon coffee break at Karen's house. Karen provides beverages and snacks. We enjoy good conversation and fellowship. Contributions to help Karen with provisions are welcome but certainly not obligatory. If you would like to use Karen's elevator, contact her to arrange entry.

Remember that all Circle meetings are open to all members, so encourage your Village friends to join us.

94117 Circle

**Friday, June 14, 1:00 – 2:15 PM on Zoom
Friday, June 28, 1:00 – 2:30 PM TBD if in person or on zoom
Register with Bill Haskell**

The 94117 Circle meets twice a month, once on zoom and the second could be in person or on zoom. If we meet in person, the location will be determined at the first meeting. We can share what is going on in our lives – what brings us pleasure, what we are enjoying, and what is positive. We can also share any challenges we are facing.

94109/94133 Circle

Wednesday, June 19, 1:00 PM at *Split, 2300 Polk Street*
Register with Bobbie Rothman or Juliet Rothman

Our circle will meet for lunch at Split, 2300 Polk Street, at the corner of Green, to enjoy lunch and conversation. As we always do at this time of year, we'll discuss and choose a theme for our next year's excursions. We will also discuss the possibility of naming our circle, rather than just using zip codes to identify ourselves. Lots to think about - please consider both themes and possible names and join us to share your thoughts!

94115+ Circle

Wednesday, June 19, 3:00 PM at *Gayle Geary's home on Washington*
Register with Gayle Geary or Lynne Fox

Please join us for tea and other delicious refreshments at Gayle Geary's home on Washington Street. Please RSVP and register with Gayle Geary no later than June 14.

Bernal Circle

Sunday, June 23, 2:00 PM at *Susan Kahn and David Kaskowitz's home, near Holly Park*
For more information or to register, email Susan

Please join us as we get to know each other and create a supportive, active group.

Save the Dates



Civic Engagement: A Partnership between SFV and the Boys and Girls Club of San Francisco

Tuesdays, July 9-30, 10:30 AM -- 12:00 PM

Golden Gate Park, exact location TBD

Register with SFV at (415) 387-1375 or info@sfvillage.org

San Francisco Village is joining middle schoolers in the Torch Club of the Boys and Girls Club to brighten and beautify our city! Torch Club is a national Boys & Girls Clubs of America program that encourages middle schoolers to become leaders in their communities. We'll get our hands dirty gardening in Golden Gate Park with SF Park and Rec, build intergenerational connections, and engage in both casual conversations and intentional dialogues about civics, the climate, and things that 12–14-year-olds and 60–100-year-olds find important! Join us for one or all five sessions. Please let us know if you need something to help you physically participate; we're brainstorming ways to have this be accessible to all SFV members.

Volunteer Support

Request a Volunteer and Volunteer Opportunities

San Francisco Village is an intergenerational community that brings younger volunteers together with older members to learn from and care for each other. Contact Jill Ellefsen at jill@sfvillage.org or (415) 387-1375 ext. 2 to sign up to receive our weekly emails detailing the many volunteer options available to you.



Reach out to Jill for help with:

- shopping and errand assistance
- technology assistance
- outdoor gardening
- friendly caller connections and/or walking partners
- and more!

Volunteer Connect Phone Number

Thanks to improvements in technology, you'll see (415) 212-6908 on your caller ID when San Francisco Village volunteers call you. Save it to your contacts as SFV Volunteer Connect! Our office number remains the same (415) 387-1375. This only works after being matched with a volunteer. If you haven't been matched yet or have any questions, please call Jill at (415) 387-1375 ext 2.

Please note that the programs and events listed in this newsletter are offered to members of San Francisco Village. To learn more about registering for membership, please contact Jill Ellefsen.

San Francisco Village

is a membership organization designed with, by and for older San Franciscans and the extended community that champions them.

Mission

We operationalize love for elders in an ageist society by mobilizing the power of intergenerational relationships and mutual support.

Vision

We envision a future in which people of all ages, races, cultures and abilities work together to create communities of belonging and in so doing, model possibilities for relationship and connection that benefit the greater good.

What We Value

Intersection of Health Care and Social Care • Eldership • Intergenerational Relationships
Co-Creation • Equitable Community • Self-Reflection • Humility • Spontaneity

San Francisco Village

3220 Fulton St., San Francisco, CA 94118 • (415) 387-1375
www.sfvillage.org • www.facebook.com/sfvillage • www.twitter.com/SF_village

