🕥 San Francisco Village

Monthly Newsletter January 2020

From Executive Director, Kate Hoepke:

Dear Members and Friends:

I've been thinking about young people lately. Last week I was invited to judge an 8th grade Civics Fair, where teams of students presented projects addressing issues they encounter in their everyday lives: climate crisis, homelessness, gun safety, and police brutality to name a few. They spoke with deep conviction about what's at stake for their generation's future. They inspired me.

It was sponsored by Generation Citizen, a nonprofit that declares every student has the right to learn how to effectively participate as

citizens. What could be more crucial right now as we witness the impeachment of the president; the threat to free and fair elections; and a systematic upending of the rule of law? These young people give me reason to hope.

I returned to the office that afternoon to learn that Greta Thunberg, the 16year-old climate activist, was named Time Magazine Person of the Year. She has become an icon of her generation, bravely demanding that world leaders heed science and act urgently to address the climate crisis. Millions of students around the world have answered her call to action.

Last month, Ms. Magazine published my op-ed called *I'm a Boomer and I'm Furious*, a response to the OK Boomer story, in which Generation Z scolds Boomers for the mess we're in. The opinion is posted on our website news page. In it, I suggest that older people allow themselves to be led by the urgent vision of younger generations. We have an important role to play - leveraging our positions of power and resources to advance an agenda driven not by us, but by the clarity of our children and grandchildren. They have more at stake.

What do you think? Would you like to learn more? If so, I'd like to create some opportunities for us to meet with young people, learn from each other and plan some collective action in 2020. Let me know what you think.

Happy New Year! *Kate*



Volunteer Opportunities January Events Recurring Events Neighborhood Circles Village Neighbors Around Town Save the Date New Members in December: Angela Cohen, 94109 Joya Cory, 94122 Lori Feldman, 94131 Molly Fleischner, 94131 Brent Rowden, 94129

Ken Seelig, 94117

Patricia Walker, 94121

In This Issue:

From the E.D.

Did You Know?

Did You Know?



National Clean off Your Desk Day

This holiday is celebrated every second Monday of the year! It's a time to take inventory of what we have, what we can file away for safe keeping, and what we can toss to declutter our lives. So, take some time on Monday, January 13th to kickstart a fresh year to come.

Your SFV Membership Renewal and Satisfaction Survey!

Members, keep your eyes out for your membership renewal forms that arrived

in the mail in early December. Please fill out the requested information and mail it back (or bring it in) to the office ASAP.

Office Closure

San Francisco Village will be closed on Wednesday, January 1st for New Year's Day and Monday, January 20th for MLK, Jr. Day.

Volunteer Opportunities

Happy January!! Have you been wanting to volunteer but haven't gotten around to it? Get on board as an active volunteer in 2020 and give the gift of your time! San Francisco Village offers numerous volunteer opportunities year-round, supporting both office operations and members across the city. We'd love to have you join the crew! Contact Jill Ellefsen at jill@sfvillage.org to sign up to receive our twice weekly emails detailing the many volunteer options available to you through San Francisco Village.

Newsletter Mailing

Tuesday, January 28, 12 – 1 PM SFV, 3220 Fulton St. at 8th Ave. RSVP to (415) 387-1375 or info@sfvillage.org VOLUNTE E R

Every month, San Francisco Village seeks a handful of volunteers to prepare the newsletters for mailing. The tasks are fairly simple – stuffing, labeling, stamping and sealing envelopes – but with a

small staff, we would not be able to get them done on our own. If you are interested and able to help with the mailing, please let us know! We are grateful for your support.

January Events



Memory and Meaning

Wednesdays, January 8, 15, 22, & 29, 2:30-4pm SFV, 3220 Fulton St. at 8th Ave. RSVP to 415-387-1375 or info@sfvillage.org

Is your life or your head filled with experiences that you wish you could preserve in some way? Try writing about them. Over the course of four

sessions you can begin to shape your own memories into mini-memoirs – or even begin a project that will carry you forward. Using prompts and professional assistance, Jackie Davis Martin will guide your writing to shape your own experiences into essays or vignettes that become meaningful not only to you but to others. Jackie Davis Martin has had stories and essays published in online and print journals that include *Flash*, *Flashquake*, *Fastforward*, *Dogwood*, *35th Parallel* and *Dogzplot*, *New Millennium Writings* contest (first place) and in several anthologies. Her memoir, *Surviving Susan*, was published in 2012. Presently she's an instructor of Creative Writing and Literature at City College of San Francisco.

Golden Gate Park in the Gilded Age Tour

Wednesday, January 8, 10:30 am – 12:00 pm The Society of California Pioneers Museum 101 Montgomery, Suite 150, The Presidio of San Francisco, CA 94129 (Accessible entrance to far left of front porch.) RSVP by January 6 to 415-387-1375 or info@sfvillage.org



Join us for a tour of the exhibit Golden Gate Park in the Gilded Age! Golden

Gate Park and Ocean Beach played a significant role in the lives of San Franciscans during the Gilded Age. The dedication of every monument or new attraction became a citywide celebration. This exhibition of rarely-seen examples, gleaned from family albums and nineteenth-century studio catalogues, is a celebration of the park's sesquicentennial. www.californiapioneers.org/museum/



de Young Museum tour: Soul of a Nation

Monday, January 13, 1:00 pm – 2:30 pm 50 Hagiwara Tea Garden Dr, San Francisco, CA 94118 RSVP to 415-387-1375 or info@sfvillage.org

The de Young Museum is hosting the internationally acclaimed exhibition, Soul of a Nation: Art in the Age of Black Power 1963-1983, organized by Tate Modern in London. This powerful and provocative exhibition focuses on the

pivotal decades between 1963 and 1983 when conversations about race and identity defined national politics and social ideals. The de Young's presentation uniquely includes pieces connected to the San Francisco Bay Area.

A.C.T. Costume Shop Tour

Tuesday, January 21, 1:00 pm – 2:30 pm A.C.T. Costume Shop, 1119 Market St. * RSVP to 415-387-1375 or info@sfvillage.org

A.C.T. (American Conservatory Theater) has an enormous collection of costumes, ranging from elegant period garments to outrageous conceptual getups. Explore a wealth of extraordinary costumes from



throughout history. We'll meet outside 1119 Market Street between 7th and 8th on the south side across from UN Plaza. This is a plain, grey building close to 7th Street (NOT the red theater in the middle of the block). There is no sign, so look for the street address above the doorway.

Documentary Fest: Phenomenal Women



Fridays, January 10 & 24, February 7 & 21, 1:00 pm – 3:00 pm SFV, 3220 Fulton St. at 8th Ave. RSVP to 415-387-1375 or info@sfvillage.org

January 10: Warrior Women (2019)

Warrior Women is the untold story of American Indian Movement activists who fought for civil rights in the 1970s and the children who served as their inspiration and their cohorts. The film is anchored by one of the Red Power Movement's most outspoken Lakota leaders, Madonna Thunder Hawk, and her daughter Marcy Gilbert. Now, forty years later, Madonna is moving into the twilight of her life, fighting the inevitable slowing she dreads. She constantly worries aloud who she will "pass the torch" to. Warrior Women unveils not only the women's perspective on history, but also real-life activism echoing far beyond news events into generations to come.

January 24: Big Sonia (2016)

Sonia Warshawski, a Holocaust survivor, is served an eviction notice for her tailor shop, which has thrived for 35 years. She must choose between setting up a new shop or retiring. The film interweaves Sonia's past and present using first-person narrative with stories from family and friends. Along the way, we learn valuable life lessons – *"Soniaisms"* – from a woman who can barely see over the steering wheel, yet insists on driving herself to work every day to run her late husband's tailor shop.

Save the dates February 7 & 21, films TBD.

Paper Collage Making

Friday, January 24th, 10:30 am – 12:30 pm SFV, 3220 Fulton St. at 8th Ave. RSVP to (415) 387-1375 or info@sfvillage.org



Take paper and images chosen by choice or chance and cut, tear, and glue them into a unique work of art. No experience necessary; we are all artists.

Dennis Treanor, an SFV member, has worked in art for nearly sixty years and taught art and ceramics for his entire working career, and continues to do so in his retirement.



Spanish Film Showing: The Motorcycle Diaries (2004) Monday, January 27th, 1:00 pm – 3:30 pm SFV, 3220 Fulton St. at 8th Ave. RSVP to (415) 387-1375 or info@sfvillage.org

The Grupo de Conversación en Español invites you to watch *Diarios de Motocicleta*. The dramatization of a motorcycle road trip Ernesto 'Che' Guevara (Gael Garcia Bernal) went on in his youth that showed him his life's calling. This drama is by Brazilian filmmaker Walter Salles. The

movie will be shown in Spanish with English subtitles. Discussion will follow after the film.

Home Repair and Maintenance Workshop Tuesday, January 28, 1:00 pm – 2:30 pm SFV, 3220 Fulton St. at 8th Ave. RSVP to 415-387-1375 or info@sfvillage.org



Understand how you can repair simple things around your house. What are the monthly, seasonal, and annual continued maintenance plans. How to determine if the repairs are DIY: do-it-yourself, call a handy person, or a licensed specialist. The workshop will contain a hands-on practice for a couple of simple repairs.

Diana Carey has owned Spotlight Home Improvement Services for the last four years in San Francisco and the surrounding Bay Area. Diana also owned a tile setting company in San Francisco in the 1980's. Throughout her many years working in the remodeling business both commercially and residentially, she found that many clients asked her similar "how to repair" questions. Diana has found that empowering her clients to do simple home repairs gives her a sense of caring and giving back to her community.

Dance Generators



Dance Generators Presentation Wednesday, January 29, 12:30 pm – 1:30 pm SFV, 3220 Fulton St. at 8th Ave. RSVP to 415-387-1375 or info@sfvillage.org

This presentation will introduce you to *Dance Generators*, an intergenerational dance company housed at the University of San Francisco. Consisting of USF

students & Bay Area adults; dancers range in age from their teens through their 80's and come together through a shared commitment to innovative movement practices. Beginning in February, Dance Generators will offer a special movement series to San Francisco Village members on Saturday mornings. Please attend this session if you're interested in participating! The company was founded in 1997 by Amie Dowling and is currently directed by Liv Schaffer. *See "Save the Dates" for information on the Movement Series, February – April.*

Workshop for Caregivers

Saturday, February 1, 2:00-3:30 p.m. SFV, 3220 Fulton St. at 8th Ave. RSVP to (415) 387-1375 or info@sfvillage.org



Are you providing care for someone you love? If so, you're one of nearly 40 million Americans who comprise an informal network of family caregivers across the country. Many of us find ourselves in this role unexpectedly and

are ill-prepared to manage the demands, stress, and changes to family dynamics. We need resources, connections and new skills to cope with a new landscape.

Join us for an afternoon of improvisation, theater games, and role-playing exercises to help us develop the confidence and skills we need to care for ourselves while we care for others. Kari Rogenski, LMFT, a registered drama therapist who specializes in elder care and expressive arts, will facilitate a collaborative process based on the needs of those in attendance. Friends, family and neighbors welcome! **This program is now accepting RSVPs.**

Recurring Events

Grupo de Conversación en Español Mondays, January 6 and 13, 9:30 - 10:30 AM SFV, 3220 Fulton St. at 8th Ave. RSVP to (415) 387-1375 or info@sfvillage.org

Add a little more conversation in Spanish to your life! This group, led by members, is aimed at intermediate speakers and those who speak fluently; there will be no formal instruction. Not sure if your Spanish is up for it? Check it out!



Makers and Handcrafters Group

1st and 3rd Monday every month, Jan. 6, 1:30 – 3 PM (SFV will be closed on Jan. 20th for MLK, Jr. Day) SFV, 3220 Fulton St. at 8th Ave. RSVP to (415) 387-1375 or info@sfvillage.org

We have a new name! Formerly the Knitting Circle and Crafting Hangout, we are trying out a new name for 2020. We invite handcrafters and makers of all kinds (knitters, crocheters, beaders, applique, needlepoint, etc) to join us every

first and third Monday of the month to work on personal projects and share ideas and skills. For the next month or so, we will have a beading table set up with a beautiful selection of donated beads and all of the materials to make earrings, bracelets, and necklaces. Please RSVP to jill@sfvillage.org or 415-387-1375 x 2.

Longevity Explorers Circle

Tuesday, January 7, 2:00 -- 3:30 PM SFV, 3220 Fulton St. at 8th Ave. RSVP to (415) 387-1375 or info@sfvillage.org



Join an intimate group to discuss solutions to the challenges of growing older. The group will be facilitated by Dr. Richard Caro, co-founder of Techenhanced Life, PBC & Longevity Explorers which focus on the intersection of

healthcare, aging, and technology. Find out about new products that can help postpone the day when growing older starts to get in the way of living life to the fullest. Share your ideas about what works and what does not work well with others from your community and members of other circles. Add your ideas and hear from your peers about "solutions someone needs to develop".



Aging Well with Meditation

Wednesdays, January 8, 15, 22 & 29, 11:00 am – 12:00 pm SFV, 3220 Fulton St. at 8th Ave. No RSVP required. All levels of experience are welcome.

Meditation is a mind-body training that improves your ability to pay attention to the things that matter. Mindfulness mediation – paying attention purposefully and non-judgmentally in the present moment – is associated

with lower stress, improved self-awareness, positive brain changes, more compassion, and better sleep. The group is led by Rachel Lanzerotti, Certified Yoga Therapist, a long-time practitioner and teacher of yoga and mindfulness meditation. Come learn to practice meditation together. All levels of experience are welcome for this drop-in group.

Play Enthusiasts

Tuesday, January 7, 3 – 5PM Member Home RSVP to painey@comcast.net

Our next meeting will take place at Margaret Johnson's apartment. Please bring your copy of the anthology entitled "Royalty-Free One Act Plays" edited by J. Crab. If you do not have this book, you can borrow a copy from Persis



Ainey. In February we hope to begin reading "Seascape" by Edward Albee. Please contact Persis for information and location details, painey@comcast.net.



Follow Me for an Afternoon of Tai Chi and Qigong Thursdays, January 9, 16, 23 & 30, 2:30 – 3:15PM

SFV, 3220 Fulton St. at 8th Ave. RSVP to (415) 387-1375 or info@sfvillage.org This series started in October and you are welcomed to join at any time

Practice Tai Chi to improve your balance, help with arthritis, and increase your energy. Learn from an instructor who uses the stepwise method ---watch me,

follow me, and let's do it together. These sessions will include skills of Qigong discipline, the perfect blend of Tai Chi and Qigong. This program holds the endorsement of many leading organizations, including the CDC, Arthritis Foundation, Administration on Aging, and American College of Sports Medicine. For more information visit https://taichiforhealthinstitute.org/. Led by Caroline Lew - a Certified Instructor from Tai Chi for Health Institute.

Play Reading Group

Thursday, January 9, 4PM 150 Lombard St., Telegraph Landing Club Room RSVP to Midge Fox at (415) 984-0613



Have an urge to emote? To be a drama queen? To be someone completely different from or even the same as yourself? If the answer is yes, then come join our One-Act Play Reading group. We meet on the second Thursday of the

month. We meet next Jan. 9th and will read *Hands Across the Sea* by Noel Coward. This play can be found in 24 Favorite One Act Plays, edited by Bennet Cerf and Van H. Cartmell. If you have questions, please call or write Midge Fox at the information above. All readers/actors welcome. Feel free to come in costume appropriate to the play, if desired. Bringing snacks or beverage to share, purely optional. We look forward to welcoming new thespians to our group.



Compassion and Choices Presentation and Discussion

Solo Agers' Circle invites all SFV members to join! Friday, Jan. 10, 10:30AM – 12PM SFV, 3220 Fulton St. at 8th Ave. RSVP to (415) 387-1375 or info@sfvillage.org Compassion and Choices presents End of Life Options and Medical Aid in Dying: Ensuring Californians have access to the full range of end of life options. This informational session, focusing on California's medical-aid-in-dying law, will help us to make decisions and communicate them to our health care providers. The law gives terminally ill adults the right to request and receive a prescription medication which they can take to end their lives peacefully. Please come and learn more about why this option is so important within the full spectrum of end-of-life care and how you can help advocate for yourself. We will briefly cover who Compassion & Choices is, talk about end of life options, then have a detailed discussion on medical aid in dying.

Sing-A-Long

Tuesday, January 21, 1:30 pm −3:00 pm SFV, 3220 Fulton St. at 8th Ave. RSVP to (415) 387-1375 or <u>info@sfvillage.org</u>

This informal sing-a-long group meets on third Tuesdays. If you'd like to sing some popular Broadway and love songs you grew up with and would like to lend your voice to an informal group, join member/piano player Larry Zabo.

Larry has played at The Fairmont Hotel, San Francisco Yacht Club, and private parties over the last 40 years. Before retiring, he had a checkered career in mental health, politics, and philanthropy, but music has always been the thing that sustains and gives him joy. Come share what some songs have meant to you (both happy and sad) and maybe discover some new ones that will move you!



Let's Play Games!

Thursday, January 23, 1:30 – 3:00 PM SFV, 3220 Fulton St. at 8th Ave. RSVP to (415) 387-1375 or info@sfvillage.org

Plain and simple - let's have fun! We play cards and board games and love when you introduce us to a new game. Join us!

Discussion Group Friday, January 24, 2:30 PM Home of SFV member, Eva Auchincloss RSVP to eva3auch@gmail.com

A lively discussion group continues to meet once a month, usually on Fridays toward the end of the month. Contact Eva Auchincloss for more details about the next meet-up, which will include conversation on current



affairs (local, statewide and national). FYI, Eva sends out a reminder to those who have attended in the past so it keeps going. Come on over! All members welcome.



Book Group Monday, January 27, time TBD RSVP to Brooke Anderson at (415) 672-2437 Call for time and locationf

Our January book group will be discussing *The Japanese Lover* by Isabelle Allende. Please contact Brooke Anderson at the number above to join.

Neighborhood Circles

Please feel free to extend an invitation to a friend to "dip their toe" into the Village by participating in a neighborhood circle or SFV event. If he/she is further interested in membership, please contact jill@sfvillage.org / 415-387-1375 x 2.

Neighborhood Circle Leaders' Lunch

Please come Tuesday, January 14th from 12:30pm-2:30pm at



the SFV offices (3220 Fulton St.). If you are a current leader, or have an interest in leading a neighborhood circle, you are invited to attend. Ellen Sandler and Bobby Rothman will facilitate; lunch provided. Please RSVP to Jill Ellefsen, jill@sfvillage.org or 415-387-1375 x2.

94123

On Monday January 6th, join a potluck at Eva's house, limited to 8 people to fit her dining room table. (Open to those living in 94123 area code). Please bring a side dish or dessert. Then our wonderful, talented 94123 member, Frances Gorman, will give us a tour of the California Historical Society's new exhibit, "From Gold Rush to Earthquake" at 11:30am on Wednesday, January 29th at 678 Mission St. The tour will take about one hour, and then we will break for lunch and walk a half-block to the Grove for a bite to eat. This program is also offered to our Village friends who live in 94109 as well as 94115 area codes (we hope many of you will join us), but in all cases rsvp to Eva at eva3auch@gmail.com.

94117

The 94117 Neighborhood Circle (Haight Ashbury / Cole Valley) will next meet on Friday, January 10th, from 2-4 pm. For this get-together, we have decided to leave the agenda open. We find topics arise during our monthly conversations. We will enjoy getting to know each other better and sharing what we have done over the past month - our pleasures, challenges and insights. This get-together will be at the home of Marcia and Jay Lenard. For location details, contact Bill Haskell at bhaskell@sonic.net, or 415-661-2670. Or contact Jill Ellefsen at jill@sfvillage.org, or 415-387-1375 x 2.

94109/94133

This month, our circle will continue to explore the cultures of San Francisco with a visit to Japantown on Wednesday, January 15th. We will have lunch, followed by a visit to the Japanese Cultural and Community Center, where we will watch a newly developed video which will lead us through the community's major sites and explore and explain their role in the community's development. As one of the first viewers of the video, we have been asked to provide feedback to ensure that it presents the Japanese experience clearly and well to viewers. This will be followed by a presentation on the role of the cultural center in the Japanese community. After the presentation, we will have the option to view any of the several nearby sites of interest. Please RSVP to Bobbie Rothman at rrothman2174@gmail.com or Juliet Rothman at rothman@berkeley.edu.

94118

Our gathering will be at the Cup & Cake coffee shop, with one change. Because it gets dark so early we'll meet at 2pm instead of 3 on January 9th. Please come, bring a friend if you'd like, enjoy the warm atmosphere and conversation, and share ideas of what you'd like us to do in 2020. Happy New Year!

94121

San Francisco Village members and friends from 94121 and beyond continue to meet at various venues around our zip code. Please call Patricia Kaussen at 415-387-7299 if you wish to join 10 to 15 friendly neighbors and friends sharing in some convivial and scintillating conversation. We meet about every 4 to 6 weeks.

Sunset Circle

Our next meeting will by on Wednesday, January 15, from 2:20-4pm. We will have a speaker about emergency preparedness. Please RSVP to Olive at 415-566-1149 or to olvestories@gmail.com. It will be a real help to know how many will gather for this special meeting for setting up the room.

LGBTQ Circle

Come January 17th from 1-2:30pm. Always the third Friday of every month. Please join us as we gather for our first meeting of 2020. We will keep the agenda open, and people are encouraged to come and share in some good conversation and good company. Please RSVP to Jill@sfvillage.org or 415-387-1375 x 2.

94131 Circle

No meet-up in January. Save the date for February 22nd, 2-3:30pm at St. Aidan's Church, 101 Gold Mine Dr. Parking available. As our membership grows in the 94131 zip code, we are calling all members, prospective members, and volunteers to join us at this meeting where we will talk about the future leadership and planning. Help spread the word about San Francisco and invite your neighbors and friends. For more information call 415-387-1375 x2 or email jill@sfvillage.org.

94102/94103

The 94102/03 circle will NOT meet in January. Please stay tuned for our next meeting. If you would like to be involved in the 94102/03 circle, please contact jill@sfvillage.org or 415-387-1375 x 2.

Bernal Circle

The next meeting will be in January at Susan and David's home. Date to be determined. Please call Joan Miro for location and info at joanmiro@mindspring.com.

West of Twin Peaks Circle

Two events this month: First, please come January 9 -for lunch at the Dumpling Kitchen, 1pm. This Chinese restaurant specializes in meat and vegetarian dumplings, soups, and noodle dishes. 1935 Taraval Street, between 29th and 30th Ave. RSVP to elaine@mannon.com or 415 469-9832. Then join us on January 21 for Sangria Happy Hour, 3-5 p.m. at the home of Anne Burgoyne. \$5 contribution;

hors d'oeuvres are welcomed. For location details email lemookie1@gmail.com or call Anne at 415 359-3537.

Searching for Your Neighborhood Circle?

Check out our listing of all circles and contact Jill Ellefsen if you'd like to join, jill@sfvillage.org:

Bernal, Potrero, Mission, Bayview, 94110, 94107, 94134 Castro, Noe Valley, 94114 Cole Valley, Haight, 94117 Financial Dist., Embarcadero, 94111, 94104, 94105, 94108 Inner Richmond, 94118, 94129 Marina, Cow Hollow, Pacific Heights, Western Addition, 94123, 94115 Nob Hill, North Beach, Telegraph Hill, Chinatown, Russian Hill, 94109, 94133 Outer Richmond, 94121 SOMA, Hayes Valley, Opera Plaza, 94102, 94103 Sunset, 94122, 94116 Twin Peaks, Diamond Hts., Glen Park, Excelsior, Ingleside, 94131, 94112 West of Twin Peaks, 94127, 94132 LGBT Circle – citywide

Village Neighbors

Whether a member, volunteer, donor, staff, or community supporter, we have so many great folks who make the Village community strong. Please nominate yourself or a friend for us to highlight in our monthly newsletter by emailing Sara Roliz at **sroliz@sfvillage.org**. With many new members who've joined in the past few months, we are re-introducing our staff to you this month to help everyone get better acquainted with the Village. Come on over, meet us, and say hello!



Name: Jessica Da Silva Position: Wellness Program Coordinator Fun Fact: Volunteered in the Rio 2016 Olympics



Name: Jill Ellefsen Position: Member & Volunteer Coordinator Fun Fact: Used to own a café in the Outer Sunset



Name: Kate Hoepke Position: Executive Director Fun Fact: Completed graduate school when she was 55



Name: Sarah Kent Position: Program Coordinator Fun Fact: Participated in the Jesuit Volunteer Corps in Baltimore and Juneau



Name: Sara Ortega Roliz Position: Operations & Advancement Mgr. Fun Fact: Worked for NGOs in Ghana and Cambodia



Name: Yousra Sebiaa Position: Administrative Assistant Fun Fact: Has traveled to Algeria 10 times

Also this month, we welcome the extraordinary **Rachel Lanzerotti** and **Camille Clay** who are supporting us as Program Coordinators while Sarah Kent is out on maternity leave through mid-March. Please stop on by to meet Rachel and Camille, whose many talents help make SFV shine!

Around Town

Kaiser Senior Advantage Medicare Members

As of January 1, 2020, Kaiser Permanente Senior Advantage will provide free transportation for any Kaiser appointment., 24 one-way trips per year up to 50 miles each way. Call the Transportation Line at 844-299-6230 to schedule your ride. They will need advance notice. Call Member Services at Kaiser at 1-800-464-4000 to verify that you have this service, Code: PROGNMT.

English Language Tutors

Become a San Francisco Public Library English language tutor at the Main Branch, and make a difference in the lives of non-native English speakers. To sign up, call 415-557-4388.

Free Tickets to JCC Events

If you are interested in the following events, please email **info@sfvillage.org** with your full name and the number of tickets you'd like. They'll be available for pick up at will call.

Peggy Orenstein on 1/21/2020 at 7:00 pm (10 tickets available)

Peggy Orenstein's *Girls & Sex* shattered taboos and launched conversations about young women's right to sexual pleasure and agency. Now, in *Boys & Sex*, she reveals how young men understand and negotiate the new rules of physical and emotional intimacy, resulting in a provocative and paradigm-shifting work that offers a much-needed vision of how boys can truly move forward as better men. **Please email info@sfvillage.org by 1/16**.

Dani Shapiro & Abraham Verghese on 1/30/2020 at 7:00 pm (20 tickets available)

In 2016, memoirist Dani Shapiro took a genetic test on a whim, believing that she knew her history well – the daughter of Orthodox Ashkenazi Jews, raised on her father's stories of their family and ancestors. But her DNA revealed that the man she'd known as her father for her whole life was not biologically related to her. Her instant New York Times bestselling memoir, *Inheritance*, is about secrets – secrets within families, kept out of shame or self-protectiveness; secrets we keep from one another in the name of love. **Please email info@sfvillage.org by 1/25.**

Save The Date!

Dance Generators Movement Series

Saturdays, 2/8, 2/29, 3/28, 4/11 & 4/25, 11:00 am – 12:30 pm. Koret Health & Recreation Center, 2130 Fulton, Street Entrance at the corner of Parker & Turk. RSVP to (415) 387-1375 or info@sfvillage.org. RSVP Required for USF building security.

Please note that the programs and events listed in this newsletter are offered to members of San Francisco Village. To learn more about registering for membership, please contact Jill Ellefsen (listed below).

San Francisco Village welcomes people of all cultures, faiths, genders, orientations, abilities, and ages. Should you have any questions, requests, or concerns, don't hesitate to contact us. You can find our staff at the emails below or by calling our main line (415-387-1375) and then selecting the corresponding extension.

Administration & Community Collaborations: Kate Hoepke – kate@sfvillage.org, ext. 1 Membership & Volunteering: Jill Ellefsen -- jill@sfvillage.org, ext. 2 Programs & RSVPs: Staff -- programs@sfvillage.org, ext. 3 Donations & Newsletter: Sara Roliz - sroliz@sfvillage.org, ext. 4 Staff & Member Support: Yousra Sebiaa - yousra@sfvillage.org, ext. 5 Staff & Member Support: Stephanie Tranter -- stephanie@sfvillage.org, ext. 5 Wellness Program: Jessica Da Silva - jessica@sfvillage.org, ext. 6

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