

ANNUAL REPORT

Belonging is transformative

2018



San Francisco Village



At San Francisco Village we're in the business of building intergenerational community: connecting people of all ages to a well-spring of experience and knowledge while celebrating our common humanity. At a time in our American history when social isolation and loneliness are reaching epidemic proportions, San Francisco Village has emerged as an antidote.

Rooted in humanistic values like caring, empathy, dignity, compassion and the greater good, San Francisco Village has built a social infrastructure that responds to the needs of its members, volunteers and supporters: the need to be known, to make a contribution, to teach, to learn, to ask for help, to

give meaning and shape to our lives. We honor our members' desire to preserve their sense of agency and choice, at a time when they may feel it diminishing. Questions arise about care planning, maintaining mobility, acquiring technology skills, staying relevant in a rapidly changing world, and shifting identities.

One of our members recently described how San Francisco Village has become an anchor in her life since she retired. When she was working, she knew who she was: a small business-woman with a clearly defined identity and status in her community. Without a professional persona and the daily interactions she thrived on, she sometimes struggles to get out of bed in the morning.

Meeting new people through her neighborhood circle, attending village classes, and volunteering

for others has rejuvenated her sense of purpose and self-worth. As she said, "I'm no longer captive in my apartment. I feel seen, heard and valued."

At San Francisco Village, we believe in the transformative power of community to shape our perspectives and guide our choices. Together, we're exploring questions that may intrigue or pester us, and the possibilities that could liberate us.

We're deeply grateful for your commitment to the Village ideal and the many ways you're helping us build this life-affirming model for social change.

A handwritten signature in cursive script that reads "Kate Hoepke".

Kate Hoepke
Executive Director

Imagine exploring aging as a time of new possibilities

and new beginnings.

Creating a shared space to actively examine how you talk about the events that changed your life in small or profound ways. To establish a sense of belonging by knowing others in a deep and genuine way and, and being known for who you are now.

A small group of San Francisco Village members designed and facilitated a six-session series to broaden the ways that people think about their past, present, and future. The result was a powerful community

building program that challenged the story of ageism. *Agents of Our Own Change: Exploring Personal Narrative* used poetry, Ted Talks, oral story telling traditions, and map making to generate meaningful connections and opportunities to reflect, share, and listen. At a time of life when identity might be shrinking, San Francisco Village members chose to expand.

35 programs
a month

74% members report
attending a workshop
or series

80% report being
connected to people
they would not have
met otherwise

San Francisco Village makes visible what is at times invisible: that as humans we are inherently relational, responsive beings and the human condition is one of connectedness and interdependence. This “ethics of care” makes explicit that we are by nature empathic and hard-wired for cooperation. The independence we cherish is really only made possible by interdependence.

Together, we’re creating what comes next in our lives because in addition to being relational and responsive, we’re also creative and connected.

We’re proud that San Francisco Village is a way for older San Franciscans to stay in charge of their lives. Taking ownership of how we age appears in a variety of ways—learning how to ask for help; welcoming a volunteer into our home; sharing vulnerability with a group of fellow travelers; facilitating a program of importance to us; taking action on advance planning; putting pen to paper in the writers workshop; learning new health strategies. We offer dozens of possibilities every month to engage and feel supported.

Thank you to our funders:

- SF Department of Aging & Adult Services
- May & Stanley Smith Chairable Trust
- Northen CA Community Loan Fund
- The Junior League of San Francisco
- Ray and Dagmar Dolby Family Fund
- Sutter Health CPMC

80%

Report getting help with aging and health information

13

Neighborhood Circles
73% of members attend one

85

Hours a week of service provided by volunteers

28%

Members who pay a reduced fee

Operating Budget for 2018: \$794,000

Revenue sources:

- 55% Grants
- 23% Membership fees
- 22% Donations

Expenses:

- 78% Programs
- 15% Management
- 7% Fundraising



Vibrant, fun, playful, and practical! Members are thrilled to work with Aikido instructor and physical therapist, Penny Sablove, to learn how to move with more grace and joy in the world. Her series Maintaining Mobility focuses on the movements of everyday life – reaching, changing direction, ascending stairs – to increase awareness and confidence as members interact with their environment.

In response to concerns about falling, Penny researched and trained in a unique Dutch program that teaches people how to fall safely as well as how to navigate common environmental obstacles such as cracks in the pavement, curbs, stairs and slippery surfaces. She offered the first pilot program in the U.S. to San Francisco Village members! We’re delighted to offer Penny’s programs as a benefit of membership.

With **Deepest Gratitude** to Our 2018 Individual and Corporate Donors

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