



San Francisco Village

Monthly Newsletter

March 2019

From Executive Director, Kate Hoepke:

Dear Members and Friends,

Since I started my job seven years ago, I've been imagining a day when we would have the capacity to offer members care coordination during a health crisis or hospitalization: staff, resources, a strong corps of volunteers and the confidence of our community partners. It's taken some time for our root structure to take hold, but here we are embarking on a new chapter in our organizational history.

Beginning this month, we're launching the Hospital Readmission Prevention Program (HRPP) in partnership with California Pacific Medical Center Mission Bernal Campus. In shorthand, we'll refer to it as the Wellness Program since it's designed to support members during health care transitions, like hospitalizations, discharges or recovery periods.

In fact, our aim is two-fold: 1) to reduce hospital re-admissions by providing a 90-day SFV membership to discharged patients who would benefit from the supportive services we offer; and 2) to provide additional support to our current members who are planning for surgery, recovering from a hospitalization or navigating new circumstances like a recent diagnosis. Our hope is that the 90-day members discover what they've been missing and convert to full membership.

With funding from the CPMC Foundation, we've hired Jessica Da Silva, Wellness Program Coordinator, who will work closely with our staff to leverage resources and ensure smooth transitions for all. We're excited to share our plans for this innovative program, so please join Jessica and me on Tuesday, March 19th at 3:00.

An equally important date on your calendar is the Spring Fling on Tuesday, March 26th from 4-6pm at a great little wine and jazz bar in North Beach, called Belle Cora. This is a lovely way feel connected and know you belong to a fun and caring community!

Hope to see you soon!

Kate



In This Issue:

From the E.D.

Did You Know?

Volunteer Opportunities

March Events

Personal Stories
CA Senior Legislature
SF's Zero Waste Program
Intergenerational Play Date
History Trolley Tour
Wellness Program
Lives Well Lived Showing
Tech Support
Spring Fling!

Recurring Events

Neighborhood Circles

Village Spotlight

Village Neighbors

Member to Member

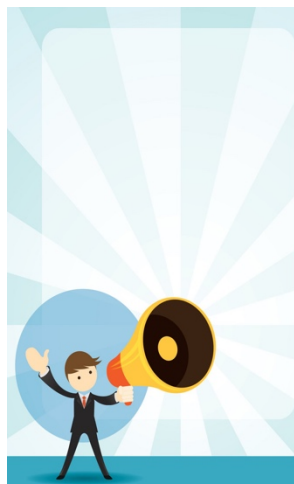
Around Town

Save the Dates

New Members in February

Carolyn Nuite, 94121
Mary Nilsen, 94122
Marjorie Wong, 94122
Jennie Carpenter, 94110
Lawrence Zabo, 94134

Did You Know?



Older Adults Department at City College of San Francisco

The Older Adults Department at CCSF offers non-credit classes specially designed for those 55 plus, but all are welcome to attend. The classes are held in over thirty locations throughout San Francisco, in neighborhoods that are accessible by bus or BART.

Course offerings span several different disciplines, including computers, health & wellness, language arts, and the arts. Classes are open for enrollment at any time during the semester, as long as the class is not already full. To enroll simply attend a class, and fill out a registration form there. Unless otherwise noted, classes are open to all levels of experience.

To see what classes are currently offered, visit <https://bit.ly/2Ela9CS>.

Volunteer Opportunities

Newsletter Mailing

Thursday, March 28, 1:00 – 3:00 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org

Every month, San Francisco Village seeks out a handful of volunteers to prepare the newsletters for mailing. The tasks are fairly simple – stuffing, labeling, stamping and sealing envelopes – but with a small staff, we would not be able to get them done on our own. If you are interested and able to help with the mailing, please let us know! We are grateful for your support.



March Events



Personal Stories with Universal Themes: Listen to and Tell Stories Together

Mondays, March 4 – April 1, 10:30 AM -- 12:00 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org

This series started in February. Please contact the office to see if space is available.

A story can be sparked by almost anything – a wooden spoon, a flower, a photo, someone else's story. It could be a personal story, family folklore, a fiction tale, a myth, a fairy tale. Join this storytelling workshop to build on and expand techniques useful in how you share your stories in a way to captivate listeners. Workshop themes, prompts, and tales can be used in future neighborhood circles, gatherings of friends and family, and SFV programs. As we listen and share, our San

Francisco Village community grows stronger. Olive Hackett-Shaughnessy returns to SF Village as performer, teacher and guide into the oral tradition as shared experience in community.

California Senior Legislature

Thursday, March 7, 2:00 - 3:30 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org

Begun in 1981, the California Senior Legislature (CSL) is made up of 120 elected members, 60 years of age or older. 40 Senior Senators (including SFV member, Allegra Fortunati) and 80 Senior Assembly Members are elected by their peers to represent seniors around the state. Throughout the year, CSL representatives develop state and federal proposals to improve the lives of older adults and adults with disabilities. Since its founding, CSL has shepherded over 230 proposals into law.



Anne Warren and Bettye Hammond, San Francisco's Senior Assembly Members, and Allegra Fortunati, newly elected SF Senior Senator, will talk about the CSL, this year's legislative priorities and how you can be involved in formulating future proposals.



What Bin Does It Go In? Updates on SF's Zero Waste Program

Thursday, March 14, 1:00 – 2:00 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org

Have you heard of the new recycling and composting updates here in San Francisco? Used coffee cups, cartons, and plastic bags/wrap are now all accepted into the blue recycling bin. All food scraps, used to-go containers, and dirty paper products (like towels and napkins) are accepted into the green compost bin. But what about bulky items, medications, and household waste? SF Environment will present on the city's Zero Waste program including the recent updates and answer questions about how to be better at the bin. To learn more about the updates, visit SFRecycles.org.

Intergenerational Play Date

Fridays, March 15 and 22, 11:00 AM – 12:00 PM

Friday, March 29, 4:30 – 5:30 PM

Recess Collective, 2226 Taraval

RSVP to (415) 387-1375 or info@sfvillage.org

When babies, kids, and older adults interact, something truly special happens! These play dates bring young children (ages 0-4) and their parents, and older adults together to share experiences, have fun, and develop meaningful relationships. Join us at Recess Collective for art and sensory play on Fridays, 3/15 and 3/29 and yoga on 3/22. Recess Collective is an inclusive community centered space committed to supporting families from the time of pregnancy through the first four years by providing opportunities for perinatal



education, play, creativity, support & connection. In addition to providing space for families with young children to gather and receive support, they partner with other community organizations to provide vetted experts to parents, work with seniors to build multi-generational volunteer opportunities, and leverage collaboration to build a true web of support among families.



Historic Trolley Tour of Cypress Lawn

Tuesday, March 19, 11:30 AM – 1:00 PM

1370 El Camino Real, Colma, 94014

RSVP to (415) 387-1375 or info@sfvillage.org

Cypress Lawn is the cemetery for the most prominent and powerful families in San Francisco and California. Magnificent monuments and edifices to memorialize the achievement of the men and women who helped shape the Golden State were built by the leading architects, sculptors, and stained glass artists of the early 20th century. In fact, it's been said that Cypress Lawn's outdoor and indoor collection has more elegant works of art than many museums. This trolley tour consists of a general excursion of the historic grounds: the grand mausoleums, stained glass, statuary and historical figures such as Hearst, Flood, Speckles, Crocker, etc. A box lunch will be provided by Cypress Lawn.

Hospital Readmission Prevention Program – aka Wellness Program

Tuesday, March 19, 3:00 – 4:30 p.m.

3220 Fulton St.

Please RSVP to 415-387-1375 or info@sfvillage.org

According to data from CPMC, the top two reasons older adults are readmitted to the hospital within 30 days of discharge are failure to keep a follow-up appointment with their primary care physician and incorrectly taking medications. Hospital administrators reached out to SFV to ask if we could help with these forms of “social care,” in order to reduce readmissions and improve patient outcomes.



At the same time, SFV staff and board recognize that our members are especially vulnerable when they've received a new diagnosis, are hospitalized, or recovering from an illness. Wanting to provide an extra level of care coordination, we saw this as a perfect opportunity to do that. Join Jessica Da Silva, SFV Wellness Program Coordinator, and Kate Hoepke, Executive Director, to learn more about this innovative partnership to support older San Franciscans!

LIVES WELL LIVED Celebrating the Secrets, Wit and Wisdom of Age



Lives Well Lived Showing

Thursday, March 21, 2:00 – 4:00 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org

Lives Well Lived celebrates the incredible wit, wisdom and experiences of people aged 75 to 100 years old. Through their intimate memories and inspiring personal histories encompassing over 3000 years of experience, forty people share their insights on living a meaningful life. These men and women open the vault on their journey into old age through family histories, personal triumph and tragedies, loves and losses -

seeing the best and worst of humanity along the way. Their stories will make you laugh, perhaps cry, but mostly inspire you.

Tech Support Appointments with Senior Surf

Monday, March 25, 1:00 – 3:00 PM, appointment required
SFV, 3220 Fulton St. at 8th Ave.

REQUIRED RSVP to (415) 387-1375 or info@sfvillage.org

Schedule an appointment to meet with Dave Casuto of Senior Surf. Bring your tablets, smart phones, laptops to SFV, or simply bring your questions to address with a technical expert. It is required to reserve an appointment in advance. Dave will help address issues such as slow computers, file management, photo management, malware and viruses, customizing the computer for readability, browsers, slow internet speed, etc.



Spring Fling!

Tuesday, March 26, 4:00 – 6:00 PM

Belle Cora, 565 Green St

RSVP to (415) 387-1375 or info@sfvillage.org

You're invited to our annual Spring Fling! We delight in each others' company and want to celebrate our community! Join us for a glass of wine while connecting with other members and volunteers. Stay after the official gathering for live jazz at Belle Cora, a small wine bar in North Beach.

Recurring Events

Knitting Circle and Crafting Hangout

1st and 3rd Monday every month, Mondays, March 4 and 18, 1:30 – 3 PM
SFV, 3220 Fulton St. at 8th Ave.

Knitters, crocheters, and crafters alike, bring in your projects at any stage. If you are interested in learning to knit or crochet, you are welcome to join too! Some in our group are working on donation projects such as knitting hats for preemie babies and scarves for the homeless. We have a large amount of donated yarn that is available for these projects. Please RSVP to Jill jill@sfvillage.org or 415-387-1375 x2.



Longevity Explorer Circle

Tuesday, March 5, 2:00 – 3:30 PM
SFV, 3220 Fulton St. at 8th Ave.

Tuesday, April 2 2:00 – 3:30 PM
SFV, 3220 Fulton St. at 8th Ave.

Join an intimate group of your peers to discuss new & emerging solutions to the challenges of growing older.

- Find out about new products that can help postpone the day when growing older starts to get in the way of living life to the fullest.
- Share your ideas about what works and what does not work well with others from your community and members of other circles.
- Add your ideas for “solutions someone needs to develop” to the Longevity Explorer’s growing list of new product ideas.
- Hear what your peers from other circles of older adults have to say.

Facilitated by Dr. Richard Caro, co-founder of Tech-enhanced Life, PBC & Longevity Explorers. Dr. Caro’s work focuses on the intersection of healthcare, aging and technology.

Aging Well with Meditation

Wednesdays, March 6, 13, 20, 27, 11:00 AM – 12:00 PM

SFV, 3220 Fulton St. at 8th Ave.

No RSVP required. All levels of experience are welcome.

Meditation is a mind-body training that improves your ability to pay attention to the things that matter. Mindfulness meditation – paying attention purposefully and non-judgmentally in the present moment – is associated with lower stress, improved self-awareness, positive brain changes, more compassion, and better sleep. So why not give it a try? Led by Rachel Lanzerotti, Certified Yoga Therapist, a long-time practitioner and teacher of yoga and mindfulness meditation.



Play Reading Group

Thursday, March 14, 4-6PM

150 Lombard St., Telegraph Landing Club Room

RSVP to Midge Fox at (415) 984-0613 or midgefox@comcast.net

We will read *Aria da Capo* by Edna St. Vincent Millay. This play can be found in *Twelve Classic One-Act Plays*, Dover Thrift Editions.

Book Group

Monday, March 25, 4:00 PM

Location TBD

RSVP to Brooke Anderson at (415) 672-2437

You’re invited! We will be discussing *Housekeeping* by Marilynne Robinson. The venue has not yet been decided. Please contact Brooke Anderson for more information and to join.



Let's Play Games!

Thursday, March 28, 1:30 – 3:00 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org

Plain and simple - let's have fun! We play cards and board games and love when you introduce us to a new game. Join us!

Solo Agers Circle – Technology Tools to Help as We Age

Friday, March 29, 10:30 AM – 12:00 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org



Wesley Cheng is a technology expert who focuses on the uses of technology that help people age in their homes. He is CEO of Televisit, which connects seniors with friends and family. He has his eye on the new arrivals in the tech/senior marketplace and products that are likely to show up in the near future. He'll be talking about many of the new things that have shown up in the last year and is open for your questions!

Neighborhood Circles



94121

The 94121 circle gathers approximately every 4 to 6 weeks. We socialize by getting to know one another better each time we meet. Sometimes we have a subject we have chosen to discuss, or an action to take, but mostly we are a congenial, happy group that enjoys getting together! If you would like to join our group, contact Patricia Kaussen at (415) 387-7299.

94117

The 94117 Neighborhood Circle will meet on Friday, March 8th from 2:00 pm to 4:00 pm, at the home of Kitty Brody to further deepen our relationships as neighbors and friends. We will share what has happened to us in the last month and any new perspectives garnered from the experiences. Brenda Besdanský will continue to preview her prospective program for enriching the “Last Act” of life. Please contact Bill Haskell at bhaskell@sonic.net or at 415-374-9729 for our meeting location and to RSVP.

94102 & 94103

Come and join us at Books, Inc. Opera Plaza on Tuesday, March 12th from 2:30-4pm. Be ready to share a funny or adventurous travel story with the group, or just come to listen and enjoy. There is a rumor that Irish coffee may be served! Please RSVP to Jill@sfvillage.org, 415-387-1375 x 2. Everyone Welcome!

94109 & 94133

Join us Wednesday, March 6th at 3pm at a member's home! Cozy get-together, friendship, and fun. For details, and to let us know you will be joining us, please RSVP to Bobbie Rothman at rrothman2174@gmail.com or Juliet Rothman at rothman@berkeley.edu.

The Sunset Circle

The Sunset Circle will next meet on Wednesday, March 20th from 2:30-4pm at Olive Shaughnessy's house where the City meets the Sea. All are welcome to share, laugh and deepen our friendships. Tea and coffee provided - bring a snack to share. Please RSVP to Olive at 415-566-1149 or olivestories@gmail.com. Good parking, moments from the N Judah line, no stairs.

LGBT Circle

Our next get together will be on Friday, March 22nd from 1-2:30pm at SFV, 3220 Fulton St. We will continue our journey, led by Bill Haskell, of exploring our personal narratives and deepening our connections. Please RSVP to Jill Ellefsen - jill@sfvillage.org 415-387-1375 x2.

94131

The circle will be gathering the 3rd Saturday of every month (unless noted otherwise in future posts). Our next meeting will be Saturday, March 16th from 1:00 – 3:00 PM at the Ora Way Club House located at 43 Ora Way. We look forward to seeing you all there! Cheers! Please contact Marci Fogg for further information, (415) 821-6333.

94123 & 94115

Tuesday, March 26th at 11a.m. we will meet at the Presidio's former Officers Headquarters to view its exhibit on the Japanese Interment and Presidio's role in that poor decision. Afterward we will meet for lunch at the semi-attached Mexican restaurant, Arguello, to enjoy a discussion of the exhibit and each others' company. Lunch is on your own. If you would like to join us please RSVP to Eva at eva3auch@gmail.com or by phone 415-563-7519.

94114

There will be a mid-March afternoon gathering at the Morning Dew Cafe. Details to follow. Please contact Gabriella at gabriellaf@gmail.com to learn more.

West of Twin Peaks Circle

Hope you can join us for some or all of our events for March!

March 6 - Happy Hour & Tour. Start at the Presidio Officers' Club, 50 Moraga Ave. at 2:00 p.m. Following that, we'll head to the museum to see the current exhibition "Exclusion: The Presidio's Role in World War II Japanese American Incarceration" from 3:00 – 5:00 p.m. #43 bus to Presidio, PresidioGo bus within the Presidio, parking at the bowling alley (2 minute walk). RSVP to Elaine Mannon, elaine@mannon.com or 415-469-9832.

March 16 - Docent Led Walk Through The San Francisco Botanical Garden, 1:00 p.m. Please meet at the main gate (off 9th Ave.). We have a limit of 15 people (first come first served). If you're interested in a bite beforehand, please come to Lemondade restaurant first (optional) at 11:30 a.m., 1266 9th Ave. RSVP to Roberta Gordon, robertatnt@comcast.net or 415-823-7819. Open to all Village Members.

March 17 - The Capital Steps, 3:00 p.m. Come to a satirical musical comedy troupe performing "Make American **Grin** Again." If interested in attending, contact Phyllis Scaduto, pscadut@hotmail.com or 415-731-1569

March 21 - Lunch Bunch, 1:00 p.m. @ Nordstrom's Café, 65 Winston, Stonestown. RSVP to Elaine Mannon, elaine@mannon.com or 415 469-9832

March 26 - \$5 Tuesday Movie @ Empire Theater, 85 West Portal Ave. Lunch at a West Portal restaurant to be determined before the movie and discussion following the movie at a local coffee shop. The title and time of the movie to be announced by e-mail the preceding Friday. RSVP to Roberta Gordon at 415-823-7819 or robertatnt@comcast.net.

Village Spotlight



SFV Welcomes New Staff

Jessica Da Silva joined us in February as the Wellness Program Coordinator. She recently moved from the East Coast, where she worked with Behavioral Health Integration and community-based services for over 5 years. Jessica earned her bachelor's degree in Psychology, with a minor in Spanish, from Framingham State University and is currently attending Clark University for her master's degree in Public Administration.

Jessica is passionate about helping people improve their lives by supporting and educating them. When not working, Jessica likes to spend time exploring the outdoors, trying new cuisines and watching travel shows. Jessica will be helping build and implement the Hospital Readmission Prevention Program (aka Wellness Program) a new offering created through our partnership with California Pacific Medical Center.

Village Neighbors

Learn more about who's here at San Francisco Village... who's a part of our story, whether that be a member, volunteer, donor, or community supporter. This month, we introduce you to one member who was kind enough to share a small glimpse of her life.

Jeanne Powell – Jeanne was born in New York, grew up in Michigan, and has now lived in San Francisco (where she also completed graduate school) half her life! She enjoys great public transit to just about any place up, down, and across the Bay Area. A professional writer, her books currently in print are *My Own Silence* and *Word Dancing* from Taurean Horn Press (poetry), and *Carousel* from Regent Press (essays). This spring Taurean Horn Press will publish a new edition of *Two Seasons*. Several times a year she is a featured reader at venues such as bookstores and coffee houses. For eleven years Jeanne taught at USF. She also established a small literary press, Meridien PressWorks™, in order to publish the work of other writers.



For ten years Jeanne facilitated meetings of Nob Hill Urban Neighbors™. She has also studied spirituality and spiritual healing for more than a decade, in a variety of disciplines. What a powerhouse we have in Jeanne! We are so proud to call her an SFV member. For more information about her, please visit <http://jeanne-powell.com> and <http://starkinsider.com/author/jeannep>.

Member to Member

Community Engagement and Volunteering

Mitchell Bonner, current SFV member, cordially invites you to Project Homeless Connect Volunteer Day on **Wednesday, March 20th** at Bill Graham Auditorium. If anyone is interested in volunteering from SFV, please call Mitchell at 415-335-3182.

Health Connection

We have a member who would like to connect with other members who have experience with PMR (Polymyalgia Rheumatica) or Type II Diabetes. Please contact Member & Volunteer Coordinator, Jill Ellefsen, at jill@sfvillage.org or 415-387-1375 x2 to be connected with this member.

Around Town

Muttville's Monthly Cuddle Clubs

Muttville Senior Dog Rescue hosts Cuddle Club the last Friday of every month, 2-3:30 PM at Muttville headquarters. Join us and give the dogs some love while they wait for their forever homes; RSVP to margot.lee@muttville.org.



Institute on Aging **Aging While Female, Reimagined**

This is the second time within two years that Ashton Applewhite will have visited the Institute on Aging, and we're excited to hear her brand-new talk: An invitation to create a world of age equality, making discrimination on the basis of age as unacceptable as any other kind of bias. Whether you're older or hoping to get there, Ashton will shake you by the shoulders, cheer you up, make you mad, and change the way you see the rest of your life. Friday, March 15th, 7pm, 3575 Geary Blvd. 94118. \$10-20, reservations required. For tickets, go to <https://bit.ly/2XhOhjp>.

Save The Dates!

Follow Me for An Afternoon of Tai Chi and Qigong

Thursdays, April 4 – May 23, 2:30 – 3:15 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org

Practice Tai Chi without worrying about memorizing forms and learn from an instructor who uses the stepwise method --- watch me, follow me, and let's do it together. These 8 sessions will include skills of Qigong discipline, the perfect blend of Tai Chi and Qigong. This program holds the endorsement of many leading organizations and government bodies around the world, including the US Centers for Disease Control and Prevention, Arthritis Foundation, Administration on Aging, and American College of Sports Medicine. For more information visit <https://taichiforhealthinstitute.org/>. Led by Erika Cruz - a Certified Instructor from Tai Chi for Health Institute.



Mentoring Exchange: Masters of Public Health students

Monday, April 8, 4:45 – 6:30 PM

SFV, 3220 Fulton St. at 8th Ave.
RSVP to (415) 387-1375 or info@sfvillage.org

San Francisco Village is thrilled to be partnering with USF for a mentoring exchange between members and Masters of Public Health students. By spending time in one-on-one conversations, both parties will gain a better understanding and connection to a different generation. Topics discussed can include, but are not limited to backgrounds, interests, life experiences, and thoughts about the future.

Paper Collage Making

Friday, April 19, 10:30 AM – 12:30 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org

Take paper and images chosen by choice or chance and cut, tear, and glue them into a unique work of art. No experience necessary; we are all artists. Dennis Treanor, an SFV member, has worked in art for nearly sixty years and taught art and ceramics for his entire working career, and continues to do so in his retirement.



Ten Years That Shook the City

Thursday, April 25, 6:00 – 8:00 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org

Shaping San Francisco, a participatory community history project and living archive, published *Ten Years That Shook the City: San Francisco, 1968–1978* to document the power of communities coming together during the long-Sixties. A collection of first-person and historical essays following the Summer of Love, *Ten Years* discusses various social, environmental, and labor movements that continue to shape the City today. Co-editor LisaRuth Elliott and contributors to the anthology share stories from a time when transformative social values burrowed deeply into San Francisco and spread far beyond. Shaping San Francisco (<http://shapingsf.org/>) facilitates the discovery and

preservation of local history through public discussions, publications, bicycle and walking history tours, and the digital archive, Foundsf.org.

Basics of Creative Writing

Wednesdays, April 24, May 8 & 22, June 12 & 26, July 10,
3:00 – 4:30 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org

Each of us has a story to tell – but we often lack the tools to tell it well. This class will help provide you with those tools! We will “learn from the page” from favorite poets and writers and study the elements of the craft: voice, setting, dialogue, and narrative arc. Each session will provide readings and prompts to get you started. If you are just beginning to set pen to paper, you will find support and encouragement from fellow writers as we share our work. All you need to bring is a pen and paper -- and lots of imagination! Basics of Creative Writing is led by writer and journalist Elaine



Elinson, author of the award-winning *Wherever There's a Fight* and former editor of the ACLU News. Elinson, who holds an MFA in Creative Writing, has taught writing at several senior centers in San Francisco, as well as at San Francisco Village.

Transforming Lives and Community Luncheon

Tuesday, May 7

Julia Morgan Ballroom, SF

Transforming Lives and Community Luncheon

Our luncheon is a celebration of aging and our annual signature fundraising event. The hallmark of the luncheon is an award to one or more persons in their 70's or older who have made a profound impact on the lives of San Franciscans and beyond, and who exemplify what it means to age with continued meaning and purpose. Recipients may include politicians, civic leaders, artists, scientists, philanthropists and others who continue to transform lives and community into their older years.

How to Support San Francisco Village Year-Round

AmazonSmile - When you shop on AmazonSmile, the AmazonSmile Foundation will donate a portion of the purchase price of eligible products to the charitable organization of your choice, in this case, San Francisco Village. Start by clicking on <https://smile.amazon.com/ch/26-1300020>. Happy shopping & thank you!



Community Thrift Store – This store accepts donations on behalf of San Francisco Village, sell the items, and then share the proceeds with us. Many thanks to all of you whose closets have been cleaned out and who have named SFV the beneficiary. Last year, we received \$2000 in donations because of this partnership. Please keep us in mind when you drop your used and well-loved items off at Community Thrift Store, 623 Valencia St. Let them know our reference number for donations is 122.

Is there anything we can help you with at San Francisco Village? Don't hesitate to ask! For:

Programs: Sarah Kent — sarah@sfvillage.org

Membership & Volunteering: Jill Ellefsen — jill@sfvillage.org

Donations & Newsletter: Sara Roliz — sroliz@sfvillage.org

Wellness Program: Jessica Da Silva — jessica@sfvillage.org

Staff & Member Support: Yousra Sebiaa — yousra@sfvillage.org

Administration & Community Collaborations: Kate Hoepke — kate@sfvillage.org