



# San Francisco Village

## Monthly Newsletter

November 2017

### From The Executive Director: Kate Hoepke

Dear Members and Friends,

It was wonderful seeing so many of you at our Grand Opening Celebration and other Village events in the past many weeks. We've heard resounding approval for the warmth and inviting vibe of our new office that our design team achieved with color, texture and furniture choices. Our deepest thanks to board members Bill Haskell, Claudia Lewis and Gretchen Addi for hours of their time and talent, and most importantly, their devotion to San Francisco Village.



The space took a decided turn after we hung the magnificent art work of three members: Florence Schwartz, Noah Levin and Norman Prince. The energy of their art has made our new home complete. One of the most talked about installations is the map of San Francisco that delightfully illustrates the location of our neighborhood circles, imagined and executed by Sarah Kent. Sarah is also responsible for curating the member art that hangs in the office today and future exhibits as well.

There is something magical about the way art and beauty draw us into a bigger vision of what is possible: harmony, synthesis, coherence. Our inner selves say, "I want a piece of that!" It's time to invite more people in.

Now that the hard work of building the infrastructure is complete, we are looking forward to welcoming new members and volunteers to our community. We need your help! By far, the most effective outreach comes via personal invitation from one of you. Your friends and colleagues trust your judgement and want to be part of something that you enthusiastically support. We will be scheduling regular informational meetings in 2018, every other month starting in January, and increasing our online presence using local blogs, Facebook and other social media to raise our profile and expand our membership.

Please consider referring a friend or neighbor and as an incentive, we will provide you with a \$50 gift card if they join! Building community is truly a collaborative effort and each of you is a valued ambassador. Thank you for helping us to sustain this life-affirming model of social support.

Warm regards,  
Kate

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## San Francisco Village Thanks the Ray and Dagmar Dolby Family Fund!

The Ray and Dagmar Dolby Family Fund recently awarded San Francisco Village a grant for general operating support, to be used through 2018. We are grateful for their generous contribution, as well as their commitment to improving life for people living with dementia and their caregivers, especially in San Francisco.

Established in 2002, the Ray and Dagmar Dolby Family Fund supports a variety of causes including reproductive rights, stem cell research, and brain health research, with a focus on mood disorders and Alzheimer's disease.

## Did You Know?

Unused medicine is a threat to both public health and the environment. Since 2003, more drug overdoses occur annually from prescription medicines than cocaine and heroin combined. Accidental poisonings from medicines in the home are also a concern for young children, seniors, and pets.

All San Francisco police stations accept unwanted medicine. Stations now have medicine collection bins and police reports are no longer required. To find a safe disposal location near you, visit: <https://sfenvironment.org/safe-medicine-disposal-locations>.



## Thank You to Our Let's Face It Panelists

Last month, Dr. Patrick Arbore interviewed five San Francisco Village community members, ranging in age from 18 to 95, using the following questions. We found the questions provocative and thought you might enjoy reflecting on them with friends and family.

- Who taught you how to think?
- What does aging mean to you at this point in your life?
- How do relationships shape your reality?
- How do you relate to community? Culture? Spirituality?
- What keeps you going when you feel worn out?
- What brings you joy?
- Are you getting what you want from life?

Patrick found inspiration for the questions from the wisdom of James Baldwin, David Brooks, Grant Wiggins, James Ryan, Maya Angelou, Alice Walker, Pema Chodron, Eckhart Tolle, Oprah Winfrey, Marianne Williamson, Erik Erikson, Carl Rogers, Anne Lamott, Raymond Carver, Mary Oliver and many others.

## November Events



### Open Studios at the Journal Building

Saturday and Sunday, November 4 and 5,  
11:00 AM – 6:00 PM  
1540 Market St. (at Van Ness)

SFV members who participated in the printmaking class last month are showing off their work during Open Studios. Add the Journal Building to your list of studios to visit and see what they created!

### Healthcare Reform: The Center for Patient Partnerships

Monday, November 6, 2:00 – 3:30 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org)

How can you influence health policy? Can health care reform really reflect patient voices? Come hear about how to help change the responsiveness of the health care system to consumers' experiences.

Meg Gaines founded and directs the interdisciplinary Center for Patient Partnerships at the University of Wisconsin, where she serves as Distinguished Clinical Professor. The Center trains future professionals in health, law, and policy, working together across disciplines, to advocate with patients in the context of significant illness. Ms. Gaines teaches graduate courses in issues related to health care advocacy, health care reform, patient-reported outcomes, and the value of listening to patients' voices.



### Chinatown with Trish: A Walking Tour

Tuesday, November 7, 10:00 AM – 12:30 PM

Meet at the Chinatown Gate (Grant and Bush)

RSVP to (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org)

Learn all about San Francisco's Chinatown and its amazing history! We'll see back alleys, a fortune cookie factory, Buddhist temple, interesting architecture, Portsmouth square, a Chinese herbalist, and pearls! Wear your comfy shoes.

### Writers Workshop

Wednesdays, November 8, 29,

December 13, 27, 3:30 – 5:00 PM

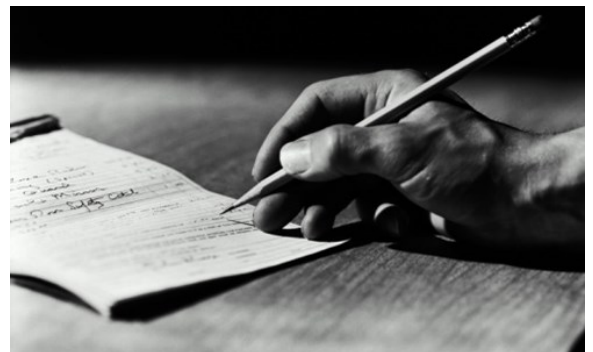
This series started in October, but you are welcome to join at any time

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org)

RSVP required; Space limited

Have you always wanted to write your memoir but didn't know where to start? Do you have some poems tucked away in a drawer? Do you have an idea for a gripping novel?





Or do you just want to put pen to paper – and see whether poetry, an essay or a short story will emerge?

If you answered “yes” to any of these questions, we invite you to the San Francisco Village Writers Workshop. We welcome writers of all levels and will try different writing styles – from memoir, to poetry to short and long fiction. All are welcome – no writing experience necessary! A pen, a pad of paper and a wild imagination is all you need.

The Writers Workshop is led by writer and journalist Elaine Elinson, author of the award-winning *Wherever There's a Fight* and former editor of the *ACLU News*. Elinson, who holds an MFA in Creative Writing, has taught writing at several senior centers in San Francisco, as well as at San Francisco Village.

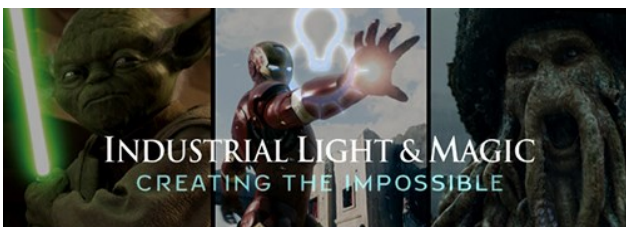
### Walk in the Park & Tea

**Thursday, November 9, 11:00 AM – 12:30 PM**

**Meet at SFV, 3220 Fulton St. at 8th Ave.**

**RSVP to (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org)**

The new San Francisco Village office location cannot be more ideal for meeting for a walk in Golden Gate Park! Let's take a stroll together and enjoy a cup of tea (or even lunch if you bring yours!) in the SFV café space afterwards.



### Lucas Arts: Industrial Light & Magic Tour

**Fridays, November 10 or 17 (please choose one), 11:00 AM**

**Letterman Digital Arts Center, One Letterman Drive**

**RSVP to (415) 387-1375 or [Info@sfvillage.org](mailto:Info@sfvillage.org)**

**Space is limited**

Are you a *Star Wars* fan? Have you ever wanted to see and hear how the movie magic comes to life on the big screen through the use of special effects? Join us for a walking tour of Industrial Light & Magic, the visual and art effects department at Lucas Films, in the Presidio.

The tour will begin in the lobby just past the Yoda Fountain. Please arrive on time. The group will enjoy a tour, followed by the family and friend reel in the state-of-the-art theater, with the option of lunch in the restaurant, should you decide to stay. The tour and reel should last about an hour and forty-five minutes. The average cost of a meal at the restaurant is \$15.00 (you will be responsible for buying your own lunch).

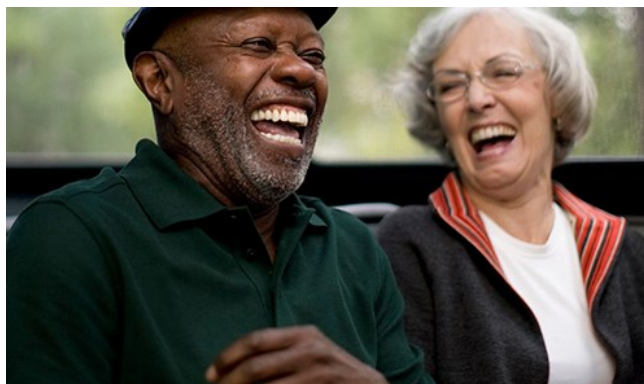
### Let's Share a Laugh

**Mondays, beginning November 13, 1:30 – 3:00 PM; dates & topics listed below**

**SFV, 3220 Fulton St. at 8th Ave.**

**RSVP to (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org)**

We all know laughter is good for us—the endorphins, the social connections, and more! Let's discover more about this gut-tickling experience and spend some time laughing together!



### **Laughter Yoga and Meditation, November 13**

Join us as we explore the unique opportunity for present moment awareness through laughter and meditation. We will begin with laughter exercises that will warm-up the mind-body and help generate mind-quieting. We will then shift our focus after the laughing exercises to silent meditation, which will help facilitate a gentle deepening of mindful awareness.

Teresa Corrigan, RN, MA, BCB, CLYTL, teaches 2 classes of Laughter Yoga and 1 class of combined Laughter Yoga & Meditation monthly at the UCSF Osher Center for Integrative Medicine. She also offers biannual Laughter Yoga Leader trainings and speaks at many local groups and National conferences.

Rachel Lanzerotti, MSW, eRYT500, EYT Certified Yoga Therapist is the Founder of Five Rivers Yoga Therapy and the San Francisco Yoga Therapy Collaborative. She is a Body Systems Yoga Therapist, meditation teacher, counselor, health educator and specialist in chronic pain relief.

### **Ted Talks Viewing and Discussion, November 20**

*Why We Laugh:* Did you know that you're 30 times more likely to laugh if you're with somebody else than if you're alone? Cognitive neuroscientist Sophie Scott shares this and other surprising facts about laughter in this fast-paced, action-packed and, yes, hilarious dash through the science of cracking up.

*A Science Award that Makes You Laugh, Then Think:* As founder of the Ig Nobel awards, Marc Abrahams explores the world's most improbable research. In this thought-provoking (and occasionally side-splitting) talk, he tells stories of truly weird science – and makes the case that silliness is critical to boosting public interest in science.

After watching the TED Talks, we'll discuss our reactions, thoughts, and maybe share another laugh together!

### **Dinner with Don Viewing and Discussion, December 4**

*Dinner with Don* is a unique legacy series honoring beloved comedian Don Rickles. Don breaks bread with actors, directors and comedians he's inspired over the years as they talk about life and his 60-plus-year career in show business. It was filmed at some of Don's favorite restaurants in and around Hollywood. This was Don's final project before his passing in April.

Discussion to follow.

### **Radio Lab Podcast, December 11**

*Laughter:* If you look closely, you'll find that humor has very little to do with it. We ask what makes us laugh, and how it affects us. Along the way, we tickle some rats, listen in on a baby's first laugh, talk to a group of professional laughers, and travel to Tanzania to investigate an outbreak of contagious laughter.

Discussion to follow.

### **Improv with The Perennials, December 18**

The Perennials is an experienced performing troupe of women in their 60s to 80s who weave improvised songs, scenes, and rhymes (and a touch of silliness) into light-hearted entertainment. Each show is different. What you will see has never been done before and will never be done again! Join them for a fun show that is sure to get you smiling.



### **New Member Orientation**

**Tuesday, November 14, 1:30 – 3:30 PM**  
**SFV, 3220 Fulton St. at 8th Ave.**  
**RSVP to (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org)**

If you've joined the Village in the past few months or haven't participated in a while, we'd love to see you at this welcoming event. Learn about programs and services, get to know the staff, meet other members, and discover how you can become more involved. Researchers studying Villages and their impact on people have concluded that "satisfaction is correlated with participation." We encourage you to jump in!

### **UCSF Neuroscape Speakers Series: Ted Zanto**

**Thursday, November 16, 1:00 – 2:00 PM**  
**SFV, 3220 Fulton St. at 8th Ave.**  
**RSVP to (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org)**

San Francisco Village is thrilled to partner with Neuroscape for a bi-monthly speaker series, with talks by faculty members, program directors, and lead research staff.

Neuroscape is a translational neuroscience center at UCSF engaged in technology creation and scientific research to better assess and optimize brain function of both healthy and impaired individuals. Check out the website for more information: [neuroscape.ucsf.edu](http://neuroscape.ucsf.edu).



Dr. Theodore Zanto earned undergraduate degrees in Psychology and Physics from the University of Wisconsin, Whitewater, and obtained a Ph.D. in Complex Systems and Brain Sciences from Florida Atlantic University. He is currently an Assistant Professor in Neurology at UCSF and Director of the Neuroscape Neuroscience Research Program. Dr. Zanto utilizes non-invasive brain stimulation techniques to study neural mechanisms at the inter-section of attention, perception, and memory.

## **Recurring Events**



### **Knitting & Crocheting Group**

**Fridays, November 3 and 17, December 1 and 15, 1:30 – 3:00 PM**  
**SFV, 3220 Fulton St. at 8th Ave.**  
**RSVP to (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org)**

For those of you who want to learn either knitting or crocheting or both, or wish to just come and create with others, please join in! Peggy Cartwright is a Village member who earned the titles of Master Knitter and Master Crocheter, having served as a teacher of both in junior colleges in the Midwest and as a judge for several competitions. Please bring your own needles, hooks, and yarn. If you are a beginner, a larger gauge needle (8 or 9) and light-colored yarn is recommended.

## Longevity Explorer Circle

**Tuesday, November 7, 2:00 – 3:30 PM (at The Sequoias)**

The Franciscan Room, The Sequoias Continuing Care Community,  
1400 Geary Blvd. (between Laguna and Gough)

**Tuesday, December 5, 2:00 – 3:30 PM (at SFV)**

SFV, 3220 Fulton St. at 8th Ave.

**RSVP to (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org)**



Join an intimate group of your peers to discuss new & emerging solutions to the challenges of growing older.

- Find out about new products that can help postpone the day when growing older starts to get in the way of living life to the fullest.
- Share your ideas about what works and what does not work well with others from your community and members of other circles.
- Add your ideas for “solutions someone needs to develop” to the Longevity Explorer’s growing list of new product ideas.
- Hear what your peers from other circles of older adults have to say.

Facilitated by Dr. Richard Caro, co-founder of Tech-enhanced Life, PBC & Longevity Explorers. Dr. Caro’s work focuses on the intersection of healthcare, aging and technology.

## Rounds & Canons

**Tuesdays, 4:00 – 5:30 PM**

**Nov. 7 and 21 at SFV, 3220 Fulton St. at 8th Ave.**

**Nov. 14 and 28 at Elaine Mannon’s home**

**To RSVP, get more information and encouragement, call Mary Moore Gaines at 415-387-7774 or e-mail [mmg@sonic.net](mailto:mmg@sonic.net)**



Do you want to get together to sing some rounds and canons? You don't have to read music to join. The only requirement is that you can carry a tune.

Dorothy Barnhouse, a Village member, formerly on the faculty of the SF Conservatory and currently on the faculty of the Community Music Center, has led groups singing these wonderful songs for many years. She has a large collection of canons and rounds, ranging from very simple and manageable, to more challenging, that span many centuries and languages.

## Aging Well With Meditation

**Wednesdays, November 8, 15, and 29, 11:00 AM – 12:00 PM**

**SFV, 3220 Fulton St. at 8th Ave.**

**No RSVP required**

Meditation is a mind-body training that improves your ability to pay attention to the things that matter. Mindfulness meditation – paying attention purposefully and non-judgmentally in the present moment – is associated with lower stress, improved self-awareness, positive brain changes, more compassion, and better sleep. So why not give it a try?



Led by Rachel Lanzerotti, Certified Yoga Therapist, a long-time practitioner and teacher of yoga and mindfulness meditation. Come learn to practice meditation together. All levels of experience are welcome for this drop-in group.





### Lunch Bunch

**Thursday, November 9, 11:30 AM**

**Delancey Street Restaurant, Embarcadero at Brannon St.**

**RSVP to Marci Fogg at (415) 821-6333 or [mjfogg@hotmail.com](mailto:mjfogg@hotmail.com)**

The bi-monthly lunch bunch will meet at the Delancey Street Restaurant. Since 1991, the restaurant has received wonderful responses from the press, from television, and most importantly from their customers. They were named one of "San Francisco's Delicious Dozen" by Jim Wood in *Image Magazine's* Dining Issue and were awarded a "toque" by the prestigious Gault Milleu's *The Best of San Francisco*. Members will be

responsible for their own lunch.

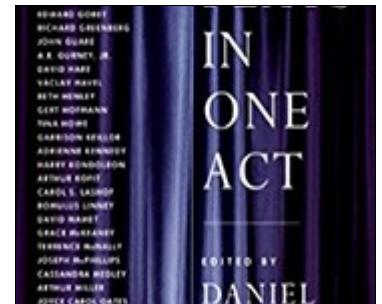
### One-Act Play Reading Group

**Telegraph Landing Club Room, 150 Lombard St.**

**Thursday, November 9, 4:00 – 6:00 PM**

**Contact Midge Fox to RSVP at (415) 984-0613 or [midgefox@comcast.net](mailto:midgefox@comcast.net)**

The One-Act Play Reading group will read and discuss *The Moonshot Tale*, by Langford Wilson. The play can be found in *Plays in One Act*, edited by Daniel Halpern.



### Volunteer Training

**Saturday, November 11, 10:00 AM to Noon**

**SFV, 3220 Fulton St. at 8th Ave.**

**Contact Key at (415) 387-1375 or [Key@sfvillage.org](mailto:Key@sfvillage.org) for more information**

Individuals with little or no experience working with older adults can get volunteer training at one of the Village's monthly training programs. Led by Key and our community partner, Home Care Assistance, the training includes a discussion of important issues facing older San Franciscans,

myths and facts about aging, active listening techniques, identifying hazards in the home and more. Give us a try!

### Film Group

**Wednesday, November 15, 3:00 PM**

**Ralph Beren's home (Contact SFV for address)**

**RSVP to Ralph at (415) 929-8309**

The film group will watch the acclaimed film *The Women*, starring Joan Crawford and Rosalind Russell. This is a unique film in that there are no men – just a group of divorced women hilariously chatting about their men and their lives without men.



### Discussion Group

**Friday, November 17, 3:00 PM**

**Eva Auchincloss's home (Contact SFV for address)**

**RSVP to Eva at [\(415\) 563-7519](tel:4155637519)**

The group will meet for a follow-up discussion on jails and prisons in California. All Village members are invited to join.



## Book Group

**Monday, November 27, 4:00 PM**

Jeanne Lacy's home (Contact SFV for address info)

RSVP to Margaret Johnson at [\(415\) 673-7130](tel:4156737130)

The book group will read and discuss *The Samurai's Garden* by Gail Tsukiyama.



## Let's Play Games!

**Thursday, November 30, 1:00 – 3:00 PM**

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org)

Plain and simple - let's have fun! We play cards and board games and love when you bring your favorite game too! Join us!

## Member Perks

### Jewish Community Center (JCCSF) Art and Ideas Partnership

We've received FREE tickets to a number of JCCSF events; let us know if you'd like to attend any of them. RSVP with San Francisco Village at (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org) to save a seat. All events take place at the JCCSF and tickets will be reserved under your name at the JCCSF Box Office, 3200 California St.

### Barry Blitt, Thursday, November 2, 7:00 PM

Barry Blitt's cartoons have been expertly lampooning politics and culture in America for more than two decades. His wry and provocative *New Yorker* covers often become the defining image of a political moment, earning him adoration from critics and fans and hate mail from his more thin-skinned targets. He joins us to discuss his most iconic work and offers us an exclusive view into the creative process of one of the foremost political cartoonists of our time. Blitt appears in conversation with Adrian Todd Zuniga, host and creator of *Literary Death Match*.

### Daniel Mendelsohn, Wednesday, November 8, 7:00 PM

When author Daniel Mendelsohn's octogenarian father landed in his Homer seminar at Bard College, the older man set in motion an odyssey both hilarious and heartfelt. Inspired by an epic, they boarded a ship to retrace Odysseus's famous voyage through the Mediterranean. Join Daniel Mendelsohn for a conversation about his deeply moving new memoir, *An Odyssey*, and hear about his transformative journey in reading – and reliving – Homer's epic masterpiece.

### Dan Ariely, Wednesday, November 15, 7:00 PM

In his new book *Dollars and Sense*, world-renowned behavioral economist Dan Ariely (*Predictably Irrational* and *The Honest Truth About Dishonesty*) brings his signature blend of humor and insight to bear on the truly illogical world of personal finance, revealing why we make bad financial decisions and providing some practical tools for making better ones.

## What's Trending?



### Embracing the Journey: End of Life Resource Fair

Sunday, November 12, 9:30 AM – 4:30 PM

Resource Fair (Pottruck Family Atrium):

10:30 AM – 2:00 PM

JCCSF, 3200 California St.

For more information, contact Shiva Schulz at [sschultz@jccsf.org](mailto:sschultz@jccsf.org) or (415) 292-1260

Presented in partnership with a wide range of businesses and nonprofit organizations. Embrace the journey and join JCCSF for our third annual End of Life Resource Fair.

Learn compassionate and dignified ways to navigate the pathways that we and our loved ones will all travel. Hear speakers on the spiritual wisdom embodied in various traditions concerning the end-of-life journey.

## In Memoriam - Eugene Brodsky

A founding member of San Francisco Village, Eugene Brodsky died on September 25, three days before his 82<sup>nd</sup> birthday.

Gene grew up in New York City and developed an interest for the law while still in high school. As a college student, he enjoyed watching federal and state trials and he also acquired an interest in the sea, reading many accounts of voyages and maritime casualties.

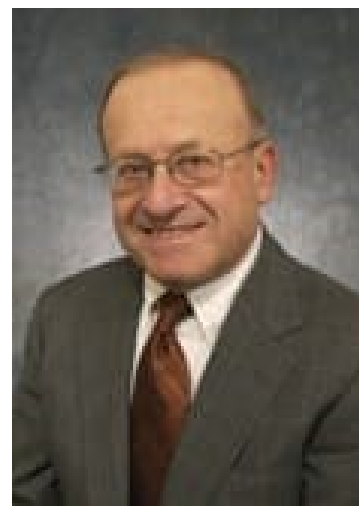
He graduated cum laude in 1956 from the College of City of New York, where he was elected a member of Phi Beta Kappa. He received his law degree from Columbia University in 1959, and was admitted to the New York Bar at age 23.

Gene passed the California Bar in 1965 and joined the law firm now known as Brodsky, Baskin & Miller in 1967. During the Vietnam conflict, the firm's emphasis on maritime and admiralty litigation kept him busy, representing merchant seamen who were injured on vessels supplying the armed forces.

During his 50-year law career, Gene helped hundreds of clients and made many lifelong friends. He was involved in many pro-bono legal fights against projects that would have adversely affected the environment, especially the 1972 battle to protect Sutro Heights Park from development of a massive 724-unit apartment complex. He was an Emeritus Director of the Planning Association of the Richmond and a member of the Treasure Island Citizens Advisory Board.

Gene was a published author and lecturer on maritime issues, an adjunct professor of admiralty and maritime law at Golden State University, and a participant in the USF Law School Maritime Extern Program. He was involved with environmental issues, with a particular interest in the protection of the Tidelands Trust.

The San Francisco Columbarium will be his final resting place. He leaves behind his wife Kittie Brodsky and daughter Denise Brodsky.



# Neighborhood Circles

## 94109/94133 & 94123

### Joint Circle Gathering

The 94109 and 94133 Circle has chosen a theme for this year, which is water, ferries, and ships in the Bay. We plan to alternate trips on the Bay with Circle meetings in members' homes.



Our first trip will be Wednesday, November 8. We will be joined by the 94123 circle at 1:00 PM at the Hyde Street Pier entrance. Entrance to the pier is free with a Senior National Park pass, which accommodates up to 4 people. Please do let us know if you have a pass and, hopefully, all members will be covered! We will tour the ships, taking a guest tour if one is offered on that day (tours are planned with little advance notice!). After our visit, we will stop for coffee, and then walk 5 blocks along Fisherman's Wharf to the submarine USS Pampanito at Pier 45, where we will visit the submarine and learn of its history. We recommend public transportation or taxi. If anyone is driving, please let us know so we can set up carpools. RSVP to Bobbie Rothman at [rrothman2174@gmail.com](mailto:rrothman2174@gmail.com) or to Juliet Rothman at [rothman@berkeley.edu](mailto:rothman@berkeley.edu).

## 94114

The 94114 Circle will meet on Wednesday, November 15 at 2:00 PM at Cafe Sophia (3463 16th St.) to strengthen our relationships as neighbors. You may RSVP to Gabriella Schulz at (415) 626-6130.

## 94117

The 94117 Neighborhood Circle will meet on Friday, November 10 from 2:00 to 4:00 PM, at the home of Kitty Brody to socialize and further deepen our relationships as neighbors and friends. Topics will include: (1) continuing to talk about the challenges we all have in asking for help, (2) sharing tips on neighborhood resources and, (3) responding to the question "What Am I Good At? (And Does it Matter?)" Please contact Bill Haskell at [bhaskell@sonic.net](mailto:bhaskell@sonic.net) or at (415) 374-9729 if you have any questions. Contact Key at SF Village for address information.

## 94118

The 94118 Circle will meet on Thursday, November 9, at 12:00 noon at the home of Gabie Berliner. We will discuss our favorite holidays and our favorite holiday memories. Please bring your own lunch. Beverages and dessert will be provided. Please contact Gabie to RSVP and for address information at (415) 751-3766.

## 94121

The 94121 Circle will meet at the home of Fanny Krieger on Friday, November 3 at 3:00 PM to strengthen our relationships and further discuss how we may benefit from a circle. Please contact Fanny to RSVP and for address information at (415) 752-0192.

## LGBTQ

With the holidays just around the corner, the LGBT Circle will meet for lunch and conversation at Starbelly (3583 16<sup>th</sup> St.) at 11:30 AM on Thursday, November 16. Holidays can be difficult for some. This is an opportunity to discuss our holidays plans, if we would like support or visitors during the holidays and anything else we may need as the season approaches. Members will be responsible for their own meals. Please RSVP to Key at (415) 387-1375 or [Key@sfvillage.org](mailto:Key@sfvillage.org).

## West of Twin Peaks Circle

The West of Twin Peaks Circle will meet at their neighborhood movie theater, Stonestown Mall on Thursday, November 9 to watch a film, followed by a discussion and refreshments at the home of Elaine Mannon with movie critic Toni Illick. Please RSVP to Elaine at (415) 469-9832. This invitation is limited to WTP members. Film choice to be announced.



## Save The Dates!



### San Francisco Village Annual Holiday Party

**Wednesday, December 6, 5:00 - 7:00 PM**

**Lighthouse for the Blind and Visually Impaired,  
New State of the Art Facility**

**10th Floor, 1155 Market St.**

**RSVP to (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org)**

Join us for an evening of food, wine and merrymaking to celebrate the holidays! In the spirit of the season, let's come together as a community and share some laughter and gratitude with fellow Village members and volunteers.

We are also inviting you to participate in an optional dessert potluck. So many of our fondest holiday memories involve food, and particularly sharing food with friends and family; if this is true for you as well, please feel free to make and bring a tasty treat to the party.

LightHouse for the Blind is accessible via Civic Center Bart and Muni lines 6, 7, 9, 19 21, K/T, L, M, N. Muni lines 14, 5, and 83X one block away. Paid parking is available at the SOMA Grand Garage at 685 Stevenson. Enter the Lighthouse building via the back entrance via Stevenson. Rideshare and cab drop offs are at the Stevenson entrance, which closes at 6:00 PM. Call the SFV office if you'd like to arrange a Lyft ride or carpool. The Market Street entrance will be open until the end of the party.

### Live Music at SFV

**Friday, December 8, 11:00 AM – Noon**

**SFV, 3220 Fulton St. at 8th Ave.**

**RSVP to (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org)**

Take a musical journey down memory lane with vocalist Dan Lettieri and accompanist Larry Marietta as they perform holiday standards from throughout the years. Classics include *Sleigh Ride*, *My Favorite Things*, *It's the Most Wonderful Time of the Year*, *Let It Snow*, and more! Also mixed in are jazz standards such as *The Way You Look Tonight* (1936), *You Made Me Love You* (1913) and *Embraceable You* (1928).



Feel free to bring your lunch and enjoy it in our café space after the concert!



### San Francisco Holiday Lights Walking Tour

**Tuesday, December 12, 4:00 – 6:00 PM**

**Starting Place: Sheraton Palace Hotel**

**RSVP to [info@sfvillage.org](mailto:info@sfvillage.org) or (415) 387-1375**

Back by popular demand! This fun-filled tour is unique every year with new and fun decorations and surprises along the way, and provides insights into San Francisco history as well as current city trivia.

The tour will be led by SFV member, Marilyn Straka, who runs On the Level Tours with no hills or steps. Join Marilyn and other members for a private tour to see downtown San Francisco and all that glitters during the Season!